



# ST. AIDAN'S CATHOLIC PRIMARY SCHOOL

## Whole School RSHE Overview Cycle A and B

Journey in Love will be taught discreetly in Autumn 2, Spring 2 and Summer 2 across the school.

Year Group	Cycle	Autumn		Spring		Summer	
		1	2	1	2	1	2
EYFS	General themes	Aut 1- All about me Aut 2- Journeys		Spr 1- <b>Hot and Cold</b> Spr 2- <b>Blast Off!</b>		Sum 1- Growth and change Sum 2- dinosaurs	
	PSED	Aut 1- <b>New Beginnings</b> Aut 2- <b>Self-Confidence</b>		Spr 1- <b>Good to be me feelings</b> Spr 2- <b>Relationships.</b> <b>What makes a good friend</b>		Sum 1- <b>Looking after others</b> Sum 2- <b>Changing me</b>	
KS1	A	Health and Wellbeing Think positive	Health and Wellbeing Safety first	Health and Wellbeing It's my body	Living in the Wider World Money Matters	Living in the Wider World Aiming High.	
	B	Relationships: Digital Wellbeing					
LKS2	A	Health and Wellbeing Think positive	Health and Wellbeing Safety first	Health and Wellbeing It's my body	Living in the Wider World Money Matters	Living in the Wider World One World	Health and Wellbeing Growing Up <i>**COVERED THROUGH JOURNEY IN LOVE**</i>
	B	Relationships: Digital Wellbeing					
UKS2	A	Health and Wellbeing Think positive	Living in the Wider World Diverse Britain	Living in the Wider World Aiming high	Health and Wellbeing Safety First	Health and Wellbeing It's my body	
	B	Relationships: Digital Wellbeing					
		Relationships Be yourself	Relationships TEAM	Health and Wellbeing Growing Up	Relationships VIPs	Living in the Wider World Money Matters	Living in the Wider World One World