



ST. AIDAN'S CATHOLIC PRIMARY SCHOOL

PE Curriculum Overview 2026 - 2027 with Successful Sportsperson

Year	Cycle	Autumn		Spring			Summer		
		1	2	1	2		1		2
EYFS	n/a	Team Games <i>Anna Davies, England, Rugby League</i>	Dance <i>Michael Flatley, America</i>	Gymnastics <i>Nastia Liukin, America</i>	Gymnastics apparatus	Ball Skills <i>Moeen Ali, England, Cricket</i>		Athletics & Sports Day <i>Eliud Kipchoge, Marathon, Kenya</i>	
KSI	Cycle A	Invasion Games <i>Pele, Brazil, Football</i>	Dance <i>Sophia Bautella, Algeria</i>	Gymnastics <i>Vitaly Scherbo, Belarus</i>	Striking and Fielding <i>Viv Richards, Antigua, Cricket</i>		Athletics <i>Usain Bolt, America, Sprinting</i>		
	Cycle B	Invasion Games <i>Michael Jordan, Basketball</i>	Dance <i>Dame Margot, Fonteyn, England</i>	Gymnastics <i>Nadia Comaneci, Romania</i>	Striking and Fielding <i>Dot Richardson, America, Softball</i>		Athletics <i>Sydney McLaughlin-Levrone, Hurdles, America</i>		
Lower KS2	Cycle A	Invasion / Target Games <i>Gretel Bueta, Australian, Netball</i>	Dance <i>Isadora Duncan, America</i>	Gymnastics <i>Max Whitlock, England</i>	Striking and Fielding <i>Roger Federer, Switzerland, Tennis</i>		Athletics <i>Jonathan Edwards, England, Long Jump</i>		Outdoor Adventure <i>Nouria Newman, France, Kayaking</i>
	Cycle B	Invasion / Target Games <i>Rory McIlroy, N Ireland, Golf</i>	Dance <i>Fred Astaire, America</i>	Gymnastics <i>Olga Korbut, Belarus</i>	Striking and Fielding <i>Serena Williams, America, Tennis</i>		Swimming <i>Helen Smart, England, Michael Phelps, America</i>	Athletics <i>Tessa Sanderson, Jamaica/Britain, Javelin</i>	Outdoor Adventure <i>John Muir, America</i>
Upper KS2	Cycle A	Invasion / Target Games <i>Michael Van Gerwen, Netherlands Darts</i>	Dance <i>Prabhu Deva, India</i>	Gymnastics <i>Kohei Uchimura, Japan</i>	Striking and Fielding <i>Babe Ruth, America, Baseball</i>		Athletics <i>Katarian Johnson-Thompson, England, Decathlon</i>		Outdoor Adventure <i>Alex Honnoland, United States, Rock Climber</i>
	Cycle B	Invasion / Target Games <i>Sean O'Loughlin, England, RLeague</i>	Dance <i>Michael Jackson, America</i>	Gymnastics <i>Simone Biles, America</i>	Striking and Fielding <i>Ian Botham, England, Cricket</i>		Athletics <i>Sergey Bubka, Ukraine, Pole Vaulting</i>		Outdoor Adventure <i>Sophie Storm Roberts, England/America, adventure athlete</i>