



# ST. AIDAN'S CATHOLIC PRIMARY SCHOOL

## PE Curriculum Overview 2025 – 2026 with Successful Sportsperson

Year	Cycle	Autumn		Spring		Summer		
		1	2	1	2	1	2	
EYFS	n/a	<b>Team Games</b> <i>Anna Davies, England, Rugby League</i>	<b>Dance</b> <i>Michael Flatley, America</i>	<b>Gymnastics</b> <i>Nastia Liukin, America</i>	<b>Gymnastics apparatus</b>	<b>Ball Skills</b> <i>Moeen Ali, England, Cricket</i>		<b>Athletics &amp; Sports Day</b> <i>Eliud Kipchoge, Marathon, Kenya</i>
KS1	Cycle A	<b>Invasion Games</b> <i>Pele, Brazil, Football</i>	<b>Dance</b> <i>Sophia Bautella, Algeria</i>	<b>Gymnastics</b> <i>Vitaly Scherbo, Balarus</i>	<b>Striking and Fielding</b> <i>Viv Richards, Antigua, Cricket</i>		<b>Athletics</b> <i>Usain Bolt, America, Sprinting</i>	
	Cycle B	<b>Invasion Games</b> <i>Michael Jordan, Basketball</i>	<b>Dance</b> <i>Dame Margot, Fonteyn, England</i>	<b>Gymnastics</b> <i>Nadia Comaneci, Romania</i>	<b>Striking and Fielding</b> <i>Dot Richardson, America, Softball</i>		<b>Athletics</b> <i>Sydney McLaughin-Levrone, Hurdles, America</i>	
Lower KS2	Cycle A	<b>Invasion / Target Games</b> <i>Gretel Bueta, Australian, Netball</i>	<b>Dance</b> <i>Isadora Duncan, America</i>	<b>Gymnastics</b> <i>Max Whitlock, England</i>	<b>Striking and Fielding</b> <i>Roger Federer, Switzerland, Tennis</i>	<b>Athletics</b> <i>Jonathan Edwards, England, Long Jump</i>		<b>Outdoor Adventure</b> <i>Nouria Newman, France, Kayaking</i>
	Cycle B	<b>Invasion / Target Games</b> <i>Tiger Woods, America, Golf</i>	<b>Dance</b> <i>Fred Astaire, America</i>	<b>Gymnastics</b> <i>Olga Korbut, Belarus</i>	<b>Striking and Fielding</b> <i>Serena Williams, America, Tennis</i>	<b>Swimming</b> <i>Helen Smart, England, Michael Phelps, America</i>	<b>Athletics</b> <i>Tessa Sanderson, Jamaica/Britain, Javelin</i>	<b>Outdoor Adventure</b> <i>John Muir, America</i>
Upper KS2	Cycle A	<b>Invasion / Target Games</b> <i>Michael Van Gerwen, Netherlands Darts</i>	<b>Dance</b> <i>Prabhu Deva, India</i>	<b>Gymnastics</b> <i>Kohei Uchimura, Japan</i>	<b>Striking and Fielding</b> <i>Babe Ruth, America, Baseball</i>	<b>Athletics</b> <i>Katarian Johnson-Thompson, England, Decathlon</i>		<b>Outdoor Adventure</b> <i>Alex Honnoland, United States, Rock Climber</i>
	Cycle B	<b>Invasion / Target Games</b> <i>Sean O'Loughlin, England, R.League</i>	<b>Dance</b> <i>Michael Jackson, America</i>	<b>Gymnastics</b> <i>Simone Biles, America</i>	<b>Striking and Fielding</b> <i>Ian Botham, England, Cricket</i>	<b>Athletics</b> <i>Sergey Bubka, Ukraine, Pole Vaulting</i>		<b>Outdoor Adventure</b> <i>Sohie Storm Roberts England/America, adventure athlete</i>