



“DEPENDENCE ON GOD”

Women of Destiny

March 7, 2026

In Mark chapter 9, Jesus, Peter James and John come down from an amazing mountaintop moment to find at the foot of the mountain a group of people engaged in a dispute with the scribes. When Jesus asks the scribe what the dispute is about, before the scribe can respond, a man steps out of the crowd to declare he had brought his son to Jesus to heal him of a mute spirit that had tormented him since childhood. In the absence of Jesus, the disciples had tried but could not cast out that spirit.

Apparently, the man did believe Jesus could heal his son; it’s the reason he brought his son to Him and in the absence of Jesus the reason he reached out to the disciples. But, here’s the conundrum. The man did initially believe Jesus could heal his son but maybe his experience with the disciples diluted that faith so when standing before Jesus, faith and doubt engaged in a tug of war.

His request to Jesus then became “But if You can do anything, have compassion on us and help us.”

When Jesus responds with “If you can believe, all things are possible to him who believes” the man cries out, “Lord I believe; help my unbelief. In other words, “Lord, help me to have more faith!” The times in which we live are chaotic and confusing, myriad challenges to our faith walk, disruptors that may cause us to cry out, “Lord, I believe but help me to have more faith!”

First of all, realize this: The enemy of our souls works hard to make us doubt the One in whom we profess faith. He is on his job. Are we on our job in spite of the times, diligent in our pursuit of God, passionate about our dependence on God?

Think On These Things

- **Recognize the source of doubt** – 1 Peter 5:8: “Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour.”
- **Trust God beyond human understanding** – Proverbs 3:5, 6: “Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge Him and He will direct your path [He will make your path straight].” We spend a lot of time wandering around in the wilderness of our own minds rather than trusting the path God lays out before us.

- **Stand firm in faith when doubt arises** – James 1:5 If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you. 6 But when you ask, you must believe and not doubt, because the one who doubts is like a wave of the sea, blown and tossed by the wind. In other words, “Lord, help me to have more faith.”
- **Remember God’s unchanging character** – Numbers 23:19: God is not a man, that he should lie; neither the son of man, that he should repent: hath he said, and shall he not do it? or hath he spoken, and shall he not make it good? God’s name reflects not only what He can do but also who He is, His character. God reveals Himself to us for our spiritual growth and trust in Him.
- **Abide in Christ daily** – John 15:17 If you abide [continue] in me and my words abide [continue] in you, ask whatever you wish, and it will be done for you."
- **Seek God in weakness rather than self-reliance** – 2 Corinthians 12:9: “My grace is sufficient for you, for My power is made perfect in weakness.”
- **Bring every need to God in prayer** – Philippians 4:6–7: “Do not be anxious about anything, but in everything...present your requests to God.” The consequence of prayer is peace and who doesn’t desire peace, especially in this day and age.
- **Anchor your heart in God’s Word** – Psalm 119:105: “Your word is a lamp to my feet and a light to my path.” Lady M: “If you get into the word, the word will get into you.”
- **Rely on the Holy Spirit rather than human strength** – Zechariah 4:6: “Not by might nor by power, but by My Spirit, says the Lord.”
- **Rest in God’s sustaining [support/relief] care** – Isaiah 26:3, 4: “You keep him in perfect peace whose mind is stayed on You, because he trusts in You.”

Doubt is one of the enemy’s most effective strategies. When doubt grows, dependence on God weakens. Scripture repeatedly calls us to return to trust, to anchor our hearts in God’s character rather than our circumstances.

Dependence on God is not passive resignation—it is an intentional choice to trust God’s wisdom, power, and faithfulness more than our own understanding. When we keep our minds on Him through prayer, scripture, and obedience, God promises peace and stability even in uncertain seasons.

The life of faith is not built on self-sufficiency. It is built on continual reliance on the One who never fails. You absolutely can depend on God but in those moments when faith and doubt engage in a tug of war, cry out to Him, “Lord, I believe, but please Lord, help me to have more faith!”