

Whats on	Frequency	Day/Time	Location	Booking Required?
South Ayrshire CYP Peer Support Group (5-12 years old)	Fortnightly	Tuesdays, 16:00-17:00	Ayr Centre	Yes
Family Yoga	Fortnightly (6 sessions)	Wednesdays, 16:00-17:30	Ayr Centre	Yes
Young Person Bereavement Group	Monthly	Various	Kilmarnock Centre	Yes