

## Starter

PLATTER (For 2 Person) .....	10.95
Chicken Tikka, Wings, Onion Bhaji, Samosa and Sheek Kebabs	
MOMO (Chicken or lamb) <b>NEW</b> .....	5.25
TIKKA (Chicken or Lamb).....	4.50
TANDOORI CHICKEN.....	4.50
SHEEK KEBAB .....	4.50
SHAMI KEBAB (with Egg).....	4.50
CHAT Chicken, Chick Peas Or Potato .....	4.50
MIXED STARTER.....	5.25
Onion Bhaji, Chicken Tikka , Sheek Kebab, Samosa	
SOMOSA MEAT OR VEGETABLE .....	3.95
GARLIC KING PRAWN .....	5.95
SITAR SPECIAL .....	5.25
Chicken stir fried with green pepper, onions and garlic	
ONION BHAJI .....	3.95
GARLIC MUSHROOM .....	4.50
PRAWN COCKTAIL .....	3.95
PAKORA (Chicken Or Vegetable) .....	4.50
PRAWN ON PUREE .....	5.25
CHICKEN TIKKA PUREE .....	5.25
KING PRAWN PUREE .....	5.95
KING PRAWN BUTTERFLY .....	5.95
PANEER TIKKA (Home made cheese) .....	4.50
STUFFED JALAPINOS .....	4.50
stuffed with cheese covered in bread crumbs	
MELON.....	3.95
GARLIC SALMON .....	5.95
LAMB CHOPS .....	5.50
FISH TIKKA .....	5.95

## Tandoori Dishes

Tandoori is an original Indian dish cooked in a clay oven above charcoal heat. Tandoori dishes are marinated in special herbs and spices. All tandoori dishes are accompanied with green salad

HALF TANDOORI CHICKEN.....	8.95
TIKKA CHICKEN OR LAMB .....	8.95
SHASHLICK CHICKEN OR LAMB.....	9.95
KING PRAWN SHASHLICK .....	13.95
TANDOORI KING PRAWN .....	13.95
TANDOORI MIXED GRILL.....	11.95
TANDOORI TROUT.....	12.95
PANEER TIKKA (Home made cheese) .....	8.95
SALMON TIKKA .....	12.95
MIX SHASHLICK .....	10.50
LAMB CHOPS MAIN (4 Chops).....	10.95

## Massala Dishes

Marinated in delicately spiced yoghurt for 24 hours to tenderise then cooked in the tandoori and added to a very special massala sauce, Mild.

TANDOORI CHICKEN MASSALA (On The Bone) .....	9.95
CHICKEN OR LAMB TIKKA MASSALA.....	9.95
TANDOORI KING PRAWN MASSALA .....	13.95
PANEER TIKKA MASSALA .....	9.95
SALMON TIKKA MASSALA .....	13.95

## Sitar Exotic Dishes

SITAR BALTI TIKKA MASSALA ..... 10.95  
Chicken, lamb or prawns Marinated for 24 hrs then barbecued & cooked in specially prepared balti and massala sauce. Mild to medium

SITAR PESHWARI ..... 10.95  
Chicken, lamb or prawns cooked with garlic almonds, sultanas in chefs special mild creamy sauce.

MANGO DELIGHT Chicken, lamb or prawns..... 10.95  
marinated and cooked with ground almond, yoghurt, mango pulp in a mild creamy sauce.

TANDOORI BAHARI **NEW** ..... 10.95  
Hot & Spicy. Tandoori chicken stripped off the bone, cooked with green chilli, fresh garlic in a hot sauce.

MINT EXOTIC **NEW** ..... 10.95  
Chicken Tikka or Lamb Tikka cooked with mint and chef’s special recipe

LAMB SHANK..... 13.95  
Exotic Bangladeshi lamb dish on the bone cooked with chef’s unique recipe marinated and roasted in the oven cooked in medium sauce.

SITAR SURPRISE **NEW** ..... 10.95  
Fairly hot & a complex combination of spices and herbs. Chicken or Lamb.

## Chefs Recommendations

The following dishes are medium spiced, gam & special spices, cooked in a thick sauce.

SHATKORA.....	9.95
CHICKEN OR LAMB Medium spiced, cooked with Indian lime	
CHEF’S SPECIAL .....	9.95
CHICKEN OR LAMB Cooked in chef’s special sauce medium	
CHICKEN CHAT MASSALA.....	9.95
CHICKEN TIKKA MUSHROOM .....	9.95
GARLIC CHICKEN TIKKA.....	9.95
NAGA Chicken, Prawn or Lamb .....	9.95
JEERA Chicken, lamb or prawns .....	10.50
Marinated, barbecued & then cooked with garlic, ginger, cumin seeds and fresh coriander.	
BUTTER CHICKEN (mild and creamy) .....	10.50
NOORJAHANI .....	10.50
Chicken, lamb or prawns marinated, barbecued & then cooked with green pepper, onions and tomatoes and chefs own sauce. Medium	
GREEN MASSALA .....	10.50
Chicken, lamb or prawns marinated and cooked with fresh green chilli, green pepper and fresh coriander. Fairly hot	
ACHARI .....	10.50
Chicken, lamb or prawns marinated, barbecued and cooked with chef’s own special sauce and mixed pickle.	

## House Specialities

MAKHANI CHICKEN Mild and creamy .....	9.95
CHICKEN OR LAMB PASANDA Mild and creamy .....	9.95
CHICKEN CHILLI MASSALA Fairly hot .....	9.95
CHICKEN TIKKA BAKARA Fairly hot .....	9.95
TAWA CHICKEN OR LAMB .....	9.95
(Cooked with medium spices)	
METHI Gosth or Chicken (Medium Spicy).....	9.95
CHINGRI MURGH Chicken and Prawns (Fairly hot).....	9.95
BENGAL CHICKEN OR LAMB.....	9.95

With lamb minced meat (Fairly hot)

GARLIC LAMB CHOPS..... 11.95  
cooked with onions green peppers and garlic. Medium

HYDERABAD ..... 10.95  
Chicken cooked with peppers and garlic in medium spicy sauce.

DEVDas Chicken or Lamb..... 10.95  
Delicate dish medium and creamy with a truly exotic taste

ANARKALI Chicken or Lamb ..... 10.95  
Medium spiced with a nice thick sweet and sour sauce

NEPAL KING PRAWN..... 13.95  
Barbecued king prawn on the shell cooked in chef special medium to hot sauce

KING PRAWN ALBELA **NEW** ..... 13.95  
King prawn cooked with ginger, mixed peppers. medium spiced.

CHICKEN HAARYALI **NEW**..... 10.95  
Rich creamy sauce cooked with mint, spinach and coconut. Medium to hot

JILAFI-LAZIZ **NEW** ..... 10.95  
Spicy minced lamb cooked in clay oven and cooked with chef’s special sauce topped with cheese. Medium to hot

MANCHURIAN SPECIAL **NEW** ..... 10.95  
Chicken or lamb cooked with onions, peppers, mixed chillis and tamarind. Sweet, sour and hot.

## The Classics

	CHICKEN	MEAT	PRAWN	KING PRAWN	TIKKA
KORMA .....	8.50	8.95	8.95	12.95	8.95
Most suitable for beginners, a delicate preparation of coconut, cream & spices producing a very mild but rich creamy texture					
MALAYA.....	8.50	8.95	8.95	12.95	8.95
Cooked with pineapple creamy and mild.					
CEYLON .....	8.50	8.95	8.95	12.95	8.95
Fairly hot, cooked with coconut					
CURRY .....	8.50	8.95	8.95	12.95	8.95
These dishes are of medium consistency, produced from a wide range of oriental spices giving a rich flavour					
MADRAS Fairly hot.....	8.50	8.95	8.95	12.95	8.95
VINDALOO Very hot .....	8.50	8.95	8.95	12.95	8.95
BHUNA Medium hot.....	8.50	8.95	8.95	12.95	8.95
DUPIAZA .....	8.50	8.95	8.95	12.95	8.95
Medium spiced, cooked withn onions					
ROGAN.....	8.50	8.95	8.95	12.95	8.95
Topped with spicy tomatoes, medium spiced					
JALFREZI .....	8.95	8.95	9.50	12.95	9.50
These dishes are prepared with green pepper, green chillies with specially blended herbs and spices					
KORAI.....	8.95	8.95	9.50	12.95	9.50
Specially served in a hot iron korai, these medium special dishes are cooked with onion, tomatoes and green peppers.					
SAG.....	8.95	8.95	9.50	12.95	9.50
Medium spiced, cooked with spinach					
PATHIA.....	8.50	8.95	8.95	12.95	8.95
Hot, Sweet and sour. served fairly hot.					
DANSAK.....	8.50	8.95	8.95	12.95	8.95
A beautiful combination of various spices and lentils as its main ingredients producing a hot, sweet and sour taste					

## Balti Dishes

Traditional style cooking originates from the K2 region. Balti dishes are cooked in a balti pan with main ingredients stir fried first before exotic spices are added. In a thick sauce, slightly tangy in taste. Cooked medium or hot at your request.

BALTI CHICKEN OR LAMB .....	8.95
BALTI PRAWN .....	9.95
BALTI KING PRAWN .....	13.95
BALTI VEGETABLE .....	8.95
CHICKEN OR LAMB TIKKA BALTI.....	9.95
CHICKEN OR LAMB TIKKA GARLIC BALTI .....	9.95
BALTI JALFREZI CHICKEN OR LAMB (Fairly hot) ...	9.95
BALTI MIXED SPECIAL.....	10.50
Tender pieces of chicken tikka & lamb tikka cooked in medium thick sauce with vegetables.	
SALMON TIKKA BALTI <b>NEW</b> .....	13.95

## Biriani Dishes

Birianies are cooked with basmati rice & served with mixed vegetable curry  
Changing Vegetable Dish Extra £1.00

TANDOORI CHICKEN BIRIANI (off the bone) .....	11.95
CHICKEN OR LAMB BIRIANI .....	10.95
PRAWN BIRIANI .....	11.95
KING PRAWN BIRIANI .....	13.95
CHICKEN OR LAMB TIKKA BIRIANI.....	11.95
VEGETABLE BIRIANI .....	9.50
MIXED BIRIANI .....	13.95
CHICKEN OR LAMB SAG BIRIANI .....	13.95

## Seafood Delicacies

TANDOORI KING PRAWN JALFREZI Fairly hot .....	13.95
FISH MALAI <b>NEW</b> .....	11.95
Tilapia fish fried with garlic, ginger, yoghurt, ground almond & coconut milk.	
SALMON TIKKA JALFREZI <b>NEW</b> .....	13.95
Fried fish cooked in thick sauce with garlic, onions and coriander	
SALMON SPECIAL.....	13.95
Salmon cooked with garlic, green peppers, tomatoes, coriander in medium thick sauce.	
KING PRAWN DELIGHT.....	13.95
Marinated, cooked in chef’s mild creamy sauce	
GARLIC BEGUN KING PRAWN.....	13.95
Cooked with aubergines, garlic and tomatoes.	
MASALA FISH <b>NEW</b> .....	12.95
Fried Tilapia cooked hot and spicy with mixed herbs (Bhuna style).	
CLASSIC FISH SPECIAL <b>NEW</b> .....	11.95
Korma (Mild) Bhuna (Med) Jalfrezi (Hot) White fillet of fish cooked in a mild, medium or hot sauce.	
VEGETABLE CURRY .....	8.50
VEGETABLE MADRAS .....	8.50
VEGETABLE KURMA .....	8.50
VEGETABLE DANSAK .....	8.50
VEGETABLE JALFREZI .....	8.50
VEGETABLE MASSALA .....	8.50
VEGETABLE BAKARA .....	8.50
VEGETABLE KORAI .....	8.50

IF YOU REQUIRE A VEGAN DISH PLEASE ASK



## Sunday Buffet

1.00PM - 4.30PM

Choose from our  
Exclusive selection

**£14.95** Per person

**£7.95** Child under 10

## Banquet Night

EVERY SUNDAY, TUESDAY, WEDNESDAY  
THURSDAY & MONDAY BANK HOLIDAYS

DINE IN ONLY

CHOOSE 1 STARTER, 1 MAIN DISH  
1 VEGETABLE SIDE DISH &  
ANY RICE OR NAN

SUNDAY - WEDNESDAY **£16.95**

THURSDAY & MONDAY BANK HOLIDAYS  
**£17.95**

No extra side dish with Biriani  
King prawn or shank & fish £3.50 Extra  
£2 extra for Sitar Exotic Dishes  
(only one per person)  
A 50p charge applies for each container

## Set Meals

### SET MEAL FOR TWO

2 MIXED STARTER  
BALTI LAMB  
CHICKEN TIKKA MASSALA  
BOMBAY ALOO  
MUSHROOM BHAJI  
2 SPECIAL RICE, 1 KEEMA NAN

**£39.95**

### SET MEAL FOR FOUR

4 MIXED STARTER  
BENGAL CHICKEN, LAMB KORMA  
CHICKEN TIKKA MASSALA  
CHICKEN KORAI, SAG ALOO  
MUSHROOM BHAJI, TARKA DALL  
2 PILAU RICE, 2 KEEMA NAN

**£74.95**

## Vegetarian Side Dishes

VEGETABLE CURRY mixed vegetable in curry sauce	3.95
VEGETABLE BHAJI mixed vegetable dry	3.95
BOMBAY ALOO (Potato)	3.95
MUSHROOM BHAJI	3.95
BINDHI BHAJI (Okra)	3.95
BRINJAL BHAJI (Aubergine)	3.95
CAULIFLOWER BHAJI	3.95
SAG BHAJI (Spinach & Garlic)	3.95
CHANA MASSALA (Chick peas)	3.95
MOTOR PANEER (Cheese and peas)	3.95
SAG ALOO (Spinach and potato)	3.95
ALOO GOBI (Potato and cauliflower)	3.95
ALOO CHANA (potato and chickpeas)	3.95
TARKA DHAL (Lentil and garlic)	3.95
DAL SAMBA (Vegetable and lentil)	3.95
VEGETABLE BAKARA (Mixed Vegetable) fairly hot	3.95
ALOO PANEER (potato and cheese)	3.95
SAG PANEER (spinach and cheese)	3.95
GREEN SALAD	2.95
ANY CURRY SAUCE	3.95

## Sundries

PILAU RICE	2.95	CHICKEN TIKKA CHILLI	
PLAIN RICE	2.95	NAN	3.95
SPECIAL RICE	3.75	GARLIC CHILLI CHEESE	
MUSHROOM RICE	3.75	NAN	3.95
EGG FRIED RICE	3.75	CHEESE NAN	3.50
KEEMA RICE	3.95	BALTI NAN	3.50
ONION RICE	3.75	KULCHA NAN	2.95
ONION CHILLI		PESHWARI NAN	3.50
RICE	3.95	GARLIC NAN	2.95
GARLIC RICE	3.75	CHAPATI	1.50
LEMON RICE	3.75	PARATHA	2.95
COCONUT RICE	3.95	STUFFED PARATHA	3.50
SAG RICE	3.95	PUREE	1.50
PLAIN NAN	2.95	PLAIN PAPADOM	0.80
KEEMA NAN	3.50	SPICED PAPADOM	0.80
		RAITA	1.95
		RED CHUTNEY	0.80
		MIXED PICKLES	0.80

## SITAR

EXQUISITE INDIAN CUISINE

OPEN 6 DAYS A WEEK

(CLOSED MONDAYS) **EXCEPT BANK HOLIDAYS**

TUESDAY - SATURDAY: 5:00PM - 11:00PM

SUNDAY: 1:00PM - 10:00PM

OPEN BANK HOLIDAYS 1:PM - 9:30PM

BUFFET BANK HOLIDAYS 1:PM - 4:00PM

## FREE HOME DELIVERY

£17.00 Minimum order for deliveries

218 St. Johns Road, Boxmoor

Hemel Hempstead, Herts HP1 1QQ

Tel: 01442 242609 / 242639

Web: [www.sitarrestaurant.co.uk](http://www.sitarrestaurant.co.uk)

The management reserves the right to refuse service  
without giving a reason.

All major credit/debit cards accepted. Cheques are not accepted.

# SITAR

EXQUISITE INDIAN CUISINE

218 St. Johns Road, Boxmoor  
Hemel Hempstead, Herts HP1 1QQ

01442 242 609

01442 242 639

Allergy awareness: Some of our dishes may contain nuts  
or allergens. If you have any food allergies please mention  
before ordering. We cannot take any responsibility for any  
reactions to our food.