

A Drug-free OCD Treatment

NeuroStar® helps life become manageable again.

In a published study⁶, OCD treated with Transcranial Magnetic Stimulation (TMS) has shown improvement in OCD symptoms.

FIRST RESPONSE

First time YBOCS score met Response criteria⁶

72.6%

RESPONSE

≥30% reduction in YBOCS score from baseline to endpoint⁶

57.9%

SUSTAINED RESPONSE

At least one-month having met Response criteria⁶

52.4%

0% 10% 20% 30% 40% 50% 60% 70% 80% 90%

TMS is like physical therapy for the brain. It uses focused magnetic pulses, similar in strength to an MRI, to reignite the synapses in the brain and can provide further relief for OCD symptoms^{7,8,9}

With NeuroStar, you can live life on your terms.

MRI=magnetic resonance imaging.



SCHEDULE A NO-COST CONSULTATION TODAY!

Call 855-940-4867

or visit GreenbrookTMS.com

NeuroStar® TMS is also FDA-cleared for the treatment of **depression and anxious depression** in adults and can provide long-lasting remission from depression symptoms and decrease anxiety symptoms.

Talk with our Greenbrook Care Team for more information on NeuroStar TMS for OCD or MDD treatment.



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3. Carmi L, Tendler A, Bystritsky A, et al. *Am J Psychiatry*. 2019;176(11):931-938. doi:10.1176/appi.ajp.2019.18101180.
4. NeuroStar. *Instructions for Use*. Neuronetics, Inc. 2023.
5. Janicak PG, O'Reardon JP, Sampson SM, et al. *J Clin Psychiatry*. 2008;69(2):222-232.
6. Roth Y. *J Psychiatr Res*. 2020; <https://doi.org/10.1016/j.jpsychires.2020.11.009>
7. Post A, Keck ME. *J Psychiatr Res*. 2001;35(4):193-215.
8. Liston C, Chen AC, Zebley BD, et al. *Biol Psychiatry*. 2014;76(7):517-526.
9. O'Reardon JP, Solvason HB, Janicak PG, et al. *Biol Psychiatry*. 2007;62(11):1208-1216.

Adult Indications for Use

The NeuroStar® Advanced Therapy System is indicated for the treatment of depressive episodes and for decreasing anxiety symptoms for those who may exhibit comorbid anxiety symptoms in adult patients suffering from Major Depressive Disorder (MDD) and who failed to achieve satisfactory improvement from previous antidepressant medication treatment in the current episode.

The NeuroStar Advanced Therapy System is intended to be used as an adjunct for the treatment of adult patients suffering from Obsessive-Compulsive Disorder (OCD).

Adolescent Indications for Use

NeuroStar Advanced Therapy is indicated as an adjunct for the treatment of Major Depressive Disorder (MDD) in adolescent patients (15-21).

Important Safety Information

NeuroStar Advanced Therapy is only available by prescription. A doctor can help decide if NeuroStar Advanced Therapy is right for you. Patients' results may vary.

The most common side effect is pain or discomfort at or near the treatment site. These events are transient; they occur during the TMS treatment course and do not occur for most patients after the first week of treatment. There is a rare risk of seizure associated with the use of TMS therapy (<0.1% per patient).

Visit neurostar.com for full safety and prescribing information.

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NeuroStar
Advanced Therapy for Mental Health

greenbrook
Mental Wellness Centers
a NeuroStar provider

TAP INTO A NEW POSSIBILITY for OCD treatment

- FDA-cleared
- NOT medicine
- NOT shock therapy
- NOT invasive
- IS safe and effective



Obsessive Compulsive Disorder Can Severely Affect Daily Life

Obsessive Compulsive Disorder (OCD) affects an estimated 2.5 million Americans each year.¹ OCD can severely affect daily life, routines, and cause distress or even functional impairment.

Exposure and response prevention (ERP) therapy is typically considered the gold standard treatment for OCD along with adjunctive medication. 50-60% of patients who complete ERP treatment show clinically significant improvement.²

Transcranial magnetic stimulation (TMS) is a safe, proven treatment for depression that can be used for those suffering from OCD when combined with other types of treatment such as medication or behavioral therapy.³

NeuroStar® Is An Advanced Way To Treat OCD



NeuroStar is the #1 TMS choice of doctors, with over **6.9 million treatments** performed to date.

With NeuroStar, All You Have To Do Is Show Up

NeuroStar TMS for OCD is an outpatient treatment that takes only 18 minutes a day for 5 days a week. A full course of treatment totals 29 sessions. During each session, a cushioned coil is precisely placed against your head while magnetic pulses deliver the therapy directly at the source – the brain. Patients can resume regular daily activities right after treatment.

NeuroStar is **non-invasive and does not share the same common side effects of medications.**^{4,5}

Completion Is Key

For best results, it's important to complete the full number of treatment sessions prescribed by your doctor.



Real Patient Experience



"I have my life back! It's changed everything. No more days of consuming depression and OCD. No more obsessing and entertaining compulsions. I can do normal things now like walk my dog or read because I'm not constantly mentally checking things."

— MANDY