



SET FREE

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Introduction:

The Scriptures teach us that whoever the Son sets free is free indeed. Freedom is the bedrock of our culture, our nation, and the longing of every human soul. As we begin the season of Lent, we focus on the abounding freedom we find in Jesus.

Scripture:

Every time I think of you, I give thanks to my God. Whenever I pray, I make my requests for all of you with joy, for you have been my partners in spreading the Good News about Christ from the time you first heard it until now.

— *Philippians 1:3–5*



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Discussion Questions:

1. Life is always changing. What has changed in your life recently?
2. What is something that brought you joy when you were younger?
3. What is the last thing you quit? Why did you quit?
4. God always finishes what he starts. What has God started in you?
5. Share a piece of good news from your week.
6. What is a challenge you are facing right now? Can you look beyond that challenge to find a reason to rejoice?
7. Thanks - Wow - Help: What can you thank God for today? What in the last 24 hours has made you say, "Wow!?" What do you need God's help with?
8. What feels heavy right now? Where are you finding joy right now?