



WEEK ONE

Introduction:

With each new year comes a feeling of anticipation, excitement and a dose of anxiety. We often approach it with intention and resolution. As we step into 2026, we take time to refresh our souls as we prepare our faith community for what God has planned.

Scripture:

Then the Lord said to Abraham, “Why did Sarah laugh? Why did she say, ‘Can an old woman like me have a baby?’ Is anything too hard for the Lord? I will return about this time next year, and Sarah will have a son.”

—Genesis 18:13–14



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Discussion Questions:

1. Share about a time in your life when you have felt powerless? What was it like?
2. How do you define “power”?
3. If you could ask God anything, what would it be? Do you believe that God is able to fulfill that request?
4. In what area of your life do you need God’s power?
5. Here are some biblical scenarios where we see God’s power. How have you experienced any of these?
 - Making Something from Nothing
 - Stop the Unstoppable
 - Guide the Misguided
 - Redirect the Mistaken
 - Humble the Mighty
6. What can you do today to tap into God’s power in your life?