



KEEP IT Simple

WEEK ONE

Introduction:

The holiday season can often be a blur. We can get so caught up in all the busyness, we often miss what makes Christmas so special. This year can be different. We can do all the things and still keep the experience of Christmas simple.

Scripture:

That night there were shepherds staying in the fields nearby, guarding their flocks of sheep. Suddenly, an angel of the Lord appeared among them, and the radiance of the Lord's glory surrounded them. They were terrified, but the angel reassured them. "Don't be afraid!" he said. "I bring you good news that will bring great joy to all people. The Savior—yes, the Messiah, the Lord—has been born today in Bethlehem, the city of David! And you will recognize him by this sign: You will find a baby wrapped snugly in strips of cloth, lying in a manger."

Suddenly, the angel was joined by a vast host of others—the armies of heaven—praising God and saying,

"Glory to God in highest heaven,

and peace on earth to those with whom God is pleased."

—Luke 2:8-14



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Discussion Questions:

1. What is the best thing you ate over the Thanksgiving holiday?
2. If you were a “free-range” kid, what was your favorite thing to do when your parents turned you loose?
3. Have you experienced “brain rot” from technology? Was it intentional or accidental?
4. Share some good news from this week.
5. What distraction(s) do you need to put down in order to find great joy this Christmas?
6. What is dominating your thought life right now? How can you fix your thoughts on what is right, good, and true?
7. How do you find joy?