



## Introduction:

It often feels like our world is on the brink. And the truth is, it can sometimes feel that way in our personal life. One of the dominant struggles that many of us face involves our finances. During these difficult times, God has a lot to say about navigating our financial lives in a way that will lead to less stress, anxiety and worry.

## Scripture:

*That is why I tell you not to worry about everyday life—whether you have enough food and drink, or enough clothes to wear. Isn't life more than food, and your body more than clothing?*

—Matthew 6:25



## Discussion Questions:

1. Are you a worrier? What sort of thing do you worry about most?
2. How do you feel about talking about money in church? What is your gut reaction when you realize a sermon will be talking about money? Why do you think that is?
3. How do money and worry relate to one another in your life?
4. When in your life have you wondered, "Will there be enough?" What does that feel like? Have you ever overcome that worry? What does that feel like?
5. Where do you look for security?
6. "Is there anything I can do to influence this situation?" What happens when you ask this question about something that you are worried about right now?
7. What is some "Jesus stuff" you can do today?