

SEPTEMBER

What Makes a Lunch
Select 3-5 Components

Milk Grain Fruit
Veggies Protein

One must be a

Fruit AND/OR Veggies



	Tuesday	Wednesday	Thursday	Friday
1	Banana Bread Yogurt Tater Tots Fruit Variety Milk Alt: Uncrustable w/ String Cheese	2 Salisbury Steak with gravy Mashed Potatoes Peas Fruit Variety Roll Milk Alt: Uncrustable w/ String Cheese & Cracker	3 Papa John's Pizza Veggie Crunchers w/Dip Fresh Side Salad Fruit Variety Milk Cookie Alt: Uncrustable w/ String Cheese & Cracker	
7	8 Corn Dog French Fries Baked Beans Fruit Variety Milk Alt: Uncrustable w/ String Cheese & Cracker	9 Crispy Chicken Strips Green Beans Mashed Potatoes Roll Fruit Variety Milk Alt: Uncrustable w/ String Cheese & Cracker	10 Soft Beef Taco Fresh Side Salad Beans Fruit Variety Chips and Salsa Milk Alt: Uncrustable w/ String Cheese & Cracker	11 Papa John's Pizza Fresh Side Salad Veggie Crunchers w/Dip Fruit Variety Milk Cookie Alt: Uncrustable w/ String Cheese & Cracker
14	15 Beef Ravioli Bosco Stick Veggie Crunchers w/Dip Fresh Side Salad Fruit Variety Milk Alt: Uncrustable w/ String Cheese & Cracker	16 Popcorn Chicken Nuggets Mashed Potatoes Green Beans Fruit Variety Roll Milk Alt: Uncrustable w/ String Cheese & Cracker	17 Hamburger on Bun Fries Baked Beans Fruit Variety Milk Alt: Uncrustable w/ String Cheese & Cracker	18 Papa John's Pizza Veggie Crunchers w/Dip Fresh Side Salad Fruit Variety Milk Cookie Alt: Uncrustable w/ String Cheese & Cracker
21	22 Crispy Chicken Sandwich Fries Veggie Crunchers w/Dip Fruit Variety Milk Alt: Uncrustable w/ String Cheese & Cracker	23 Chicken Nuggets Mashed Potatoes Mixed Vegetables Fruit Variety Roll Milk Alt: Uncrustable w/ String Cheese & Cracker	24 Hot Dog on Bun\Chili, Cheese Fries Veggie Crunchers w/Dip Fruit Variety Milk Alt: Uncrustable w/ String Cheese & Cracker	25 Papa John's Pizza Veggie Crunchers w/Dip Fresh Side Salad Fruit Variety Milk Cookie Alt: Uncrustable w/ String Cheese & Cracker
28	29 Grilled Cheese bites Potato Smiles Hearty Bean Medley Veggie Crunchers w/Dip Fruit Variety Milk Alt: Uncrustable w/ String Cheese & Cracker	30 Popcorn Chicken Nuggets Mashed Potatoes Green Beans Fruit Variety Roll Milk Alt: Uncrustable w/ String Cheese & Cracker		

Lunch Prices:

Lunch \$3.55
Milk \$.60
Side \$1.25
Large Water \$1.00
Small Water \$.60
FREE extra Fruits and Vegetables
potato products not included

This institution is an equal opportunity provider.