



Women's Retreat
NOVEMBER 6-8, 2026

CULTIVATING THE HEART GOD DESIRES

Sarto Retreat Center

The center is located at **4200 N. Kentucky Ave.** on the Evansville Catholic Center's campus. The facility is handicap accessible and offers 55 single guest rooms, each with a private bath.

REGISTRATION DEADLINE IS NOVEMBER 2ND ➤ **SPACE IS LIMITED**

FRIDAY

6:00 PM | OPENING SESSION & PRAYER

SATURDAY

8:30 AM-6:30 PM | RETREAT SESSIONS & MASS

SUNDAY

8:30 AM-10:30 AM | CLOSING SESSION & PRAYER

Retreat Facilitators

Fr. Alex Zenthoefer was ordained a priest in 2005 for the Diocese of Evansville. He has served in a number of roles as high school chaplain, Vocation Director, Associate Pastor, and Pastor. He is currently the Vicar General for the Diocese of Evansville and Rector of St. Benedict Cathedral Parish. His love of preaching and passion for Scripture are what drive his love for Christ and the Church.

Audra Douglas is a family nurse practitioner and spiritual director in Evansville. She has been a parishioner at St. Ben's since 2011 and serves as a catechist for Becoming Catholic and leader of the Women's Bible Study. She has a Master's in Theology from Saint Meinrad Graduate School of Theology with a focus in philosophy and moral theology. Audra's spirituality is deeply rooted in her Benedictine formation, which is always calling us to "listen with the ear of your heart."

Contact **Cindy Howard** at 812.449.6372 or crhoward1962@gmail.com with any questions.
Form/check payable to St. Benedict Cathedral • 1328 Lincoln Ave. Evansville, IN 47714



NAME _____ PHONE _____ EMAIL _____

ADDRESS _____

PLEASE CONTACT ME REGARDING _____ SPECIAL DIET _____ OTHER NEED/CONCERN(S) _____

The registration fee includes the cost of a single room, four meals, and two nights' accommodation.....\$145.00 _____

Commuter Rate (All sessions, lunch & dinner on Saturday).....\$55.00 _____

Registration fee assistance.....amount requested _____

I would like to make a donation for registration fee assistance.....amount enclosed _____

Total Amount Enclosed: _____