

# Year End Prayer and Fasting Guide



## December 1st – December 6<sup>th</sup>

As we close out the year we are setting aside the first five days of December for **fasting and prayer**, aligning our hearts with God and asking Him to prepare us for what He wants to do in 2026. This is an invitation to our entire church family to seek the Lord together in unity and expectation.

### **WHY WE FAST**

Fasting is a spiritual discipline modeled throughout Scripture and practiced by the early church.

#### **1. Draws us closer to God**

Fasting removes distractions and strengthens our spiritual sensitivity so we can hear the voice of the Holy Spirit clearly.

#### **2. Produces spiritual breakthrough**

In Scripture fasting breaks chains, lifts burdens, and opens doors that cannot open by human effort.

#### **3. Brings alignment with God's will**

When we deny the flesh, we sharpen our ability to walk in the Spirit. Fasting positions us to receive direction, correction, and empowerment.

#### **4. Prepares our hearts for a new season**

Before God does something new He often calls His people to consecration. We fast because we believe God is preparing us for greater ministry, greater reach and greater impact.

#### **5. Follows the example of Jesus**

Jesus fasted. The early believers fasted. Fasting is a vital practice for Spirit-empowered living.

# **HOW WE FAST**

Everyone participates at the level they are able, what matters most is the heart of devotion.

## **1. Choose your fast**

- A full fast (water/fluids)
- A partial fast (e.g., skipping meals)
- A Daniel-style fast
- A media/social fast for families with children

We encourage you to ask the Holy Spirit what He is calling you to lay down.

## **2. Set aside time for prayer**

This is not just “going without food.” This is seeking God intentionally. Carve out time each day to read Scripture, worship, and pray with expectancy.

## **3. Fast with purpose**

During these five days we will pray for:

- Revival in our homes
- Salvation and deliverance for the lost
- Unity and strength for our church
- Clarity and direction for 2026
- A fresh outpouring of the Holy Spirit

## **4. Fast with humility and joy**

Fasting is not about impressing God. It is about surrender. It is worship, obedience and devotion.

# **JOIN OUR DAILY ZOOM PRAYER CALLS (M–F)**

**December 1–5, M- F, Meeting ID: 822 7007 0987 Passcode: YEAREND**

**We invite everyone: individuals, families, young adults, youth and children, to join us each morning/evening 6 AM for powerful, Spirit-filled prayer. These calls will unite us as a church body and strengthen us as we fast.**

**Your presence matters. Your prayers matter. Your voice matters.**

**Let’s seek God together with boldness and faith.**

**-Pastors Vini & Nimesh**

## DAY 1 — DECEMBER 1

### GRATITUDE — “ENTER HIS GATES”

**Scripture:** *Psalm 100:4* — “Enter His gates with thanksgiving...”

We begin with gratitude because thanksgiving opens the door to encounter. When we thank God intentionally, our hearts shift, our perspective clears, and faith rises. Today is about remembering every mercy, every provision, every moment God held you together this year. Thanksgiving is the key that unlocks spiritual clarity.

## DAY 2 — DECEMBER 2

### REPENTANCE — “SEARCH ME”

**Scripture:** *Psalm 139:23* — “Search me, O God...”

Fasting exposes what we’ve been ignoring. God cleans our hearts not with condemnation but with compassion. Repentance is not shame. Repentance is alignment. Today invite God to reveal attitudes, habits, or fears that must end before the year ends.

## DAY 3 — DECEMBER 3

### SURRENDER — “YOUR WILL, NOT MINE”

**Scripture:** *Luke 22:42* — “Not my will but Yours be done.”

When you fast you silence your will to hear His. Surrender is where transformation begins. Today lay down your timeline, your anxiety, and your expectations. God does His best work in surrendered vessels.

## DAY 4 — DECEMBER 4

### INTERCESSION — “STAND IN THE GAP”

**Scripture:** *Ezekiel 22:30* — “I looked for someone... to stand in the gap.”

Fasting is not only personal. It is missional. Today pray for your church family, your city, your leaders, the lost, and the hurting. Stand in the gap and believe for breakthrough. Heaven moves when God’s people pray boldly.

## DAY 5 — DECEMBER 5

### VISION — “WRITE THE VISION”

**Scripture:** *Habakkuk 2:2* — “Write the vision...”

At the end of the year God gives fresh clarity. Ask Him to speak to you about 2026. What is He

calling you to build, release, change, pursue or lay down? Fasting clears fog so we can see clearly.

## **DAY 6 — DECEMBER 6**

### **FIRE — “REVIVE US AGAIN”**

**Scripture:** *Psalm 85:6* — “*Will You not revive us again?*”

Today pray for a fresh baptism of fire. Not emotional hype but Holy Spirit power that purifies, strengthens and sends. End this fast with expectation. God finishes what He starts.

## **THIS SUNDAY, DECEMBER 7TH**

### **GET READY TO DECLARE THE GOODNESS OF GOD!**

We are opening the mic for anyone who wants to testify of the mighty things God has done in 2025. Come ready to build each other up, stir faith, and give ALL the glory to the One who deserves it.

**Let’s release praise. Let’s magnify Jesus. Let’s celebrate His miracles together!**