# FIST Advent Calendar

Where do vou see small glimmers of hope right now?

Prompts for prayer, journaling, or sharing with a friend



Write a letter to someone who Donate has carried toys or hope for you clothes to a when you had local charity none. or shelter.

Make a list of your 10 favorite things from 2025.

Do something kind for someone.



Spend the day showing gratitude for the things you have.

What story of hope from your past wants to be remembered today?

What promise do you want to make to vourself this' season?

Describe c promise you wish to make to yourself this season.



What emerges in you when you are truly still?

Take a photo with the theme "marvel" and share it!



Write a compassionate letter to yourself.



What steals your peace? What restores How does giving create ripples of hope?

What inner strengths carry you through harder times?

Is someone you know experiencing a time of darkness? How might you share God's light with them?

Go for a walk or drive to enjoy the Christmas lights.

Gather three small objects that represent resilience. Create a hope shelf.





Attend a Christmas Eve Candle Light service.

Snuggle up with a cup of coffee or hot cocoa. Be still.



Sing or listen to Christmas carols.



### Journey with us this Advent Season at Love First

Every Advent, we light candles, sing carols, and pray for Christ's coming because we believe God entered a frightened world to bring good news. This season, let us insist on hope and trust that good news is greater than fear.



1st Sunday of Advent

Advent Workshop for all ages.
Come craft and play in the
Fellowship Hall following worship.
Plus Holiday Card Sale!

2nd Sunday of Advent

Sunday December 7th

Grief and the Holidays. Join others to discuss navigating the season while also grieving.

5:00pm in the library



Young at Heart
Christmas Party & Potluck 11:30am in
fellowship hall. There will be music,
laughter, bingo, & sharing good food.
Please bring a wrapped gift bingo
prize and a potluck contribution.



3rd Sunday of Advent Advent Grief Service 4:00 PM

Join us for a quiet and reflective worship expereince.

## Sunday December 21st



An Advent Spiral is a gentle, contemplative spiritual practice that invites participants into a embodied experience of of light growing in darkness.



Thursday
December 18th
Advent Spiral
7:00PM
in the Ed. Wing

## 4th Sunday of Advent

Pop-Up Pageant Holiday Bake Sale



Wednesday
December 14th
Christmas Eve
Candle Light Services
3:30 & 5:00PM



Sunday December 28th

Sunday January 4th Ephiphany

Ephiany Worship Service with Star Words!

#### 1st Sunday After Christmas

Come receive a blessing as part of the worship experience.

