

COUNSELING SERVICES

MENTAL HEALTH COUNSELING

Christian Counselors Network

Allen Conner, KLPC
139 Lantern Way, Nicholasville, KY 40356
(859) 433-8515
christiancounselorsnetwork.com

Connections Counseling

Alex Clark, MA, MDiv, LMFT
Rhealynn Clark, MA, LPCC, RPT
900 Corbitt Dr, Wilmore, KY 40390
(859) 509-8468 / (859) 806-9813
kyconnections.com

DS&A

Don Sizemore, LCSW
698 Perimeter Dr, Ste 103, Lexington, KY 40517
(859) 224-0265
donsizemore.org

Holley Counseling

Patrick Holley, LPCC
Telehealth
(859) 948-5025
holleycounseling.com

Hope Springs Counseling Center

Wanda Day, LPCC
870 Corporate Dr, Ste 301, Lexington, KY 40503
(859) 242-5201
hopespringscenter.org

Interfaith Counseling Center

240 Rodes Ave, Lexington, KY 40508
(859) 258-2060
interfaithcounselingcenter.org



MENTAL HEALTH COUNSELING

Lane of Roses

laneofroses.com

Life Stance Health

Lisa Bryant, LPCC

1030 Monarch St, Ste 100 & 200, Lexington,
KY 40513

(859) 214-7440

lifestance.com

Living Waters Counseling

Mary Beth Ludt, LPCC, NCC

2800 Bates Creek Rd, Lexington, KY 40502
(859) 492-8975

livingwaterscounseling.life

Restoration Christian Counseling

Cathleen Donahue, LPCC

100 W. Oak St, Nicholasville, KY 40356
(859) 382-0132

restoration-christian-counseling.com

SUBSTANCE ABUSE COUNSELING

Chrysalis House

Dr. George Ross

1589 Hill Rise Dr, Lexington, KY 40504
(859) 977.5201

chrysalishouse.org

Lexington Counseling & Psychiatry

Paul Dalton, MS, LPCC, LCADC

1092 Duval St, Lexington, KY 40515
(859) 523-7383

counselinglexingtonky.com

TRAUMA RESOURCES

Center on Trauma and Children

(859) 218-6901

Kentucky Child Abuse Hotline

(877) 597-2331

National Child Traumatic Stress Network

(800) 273-8255

nctsn.org

National Human Trafficking Hotline

(888) 373-7888

National Suicide Prevention Lifeline

(800) 273-8255

