



Sun Care Policy

At Loversall Farm Day Nursery we are committed to ensuring that all children are fully protected from the dangers of over exposure to the sun/UV rays. Severe sunburn in childhood can lead to the development of malignant melanoma (the most dangerous type of skin cancer) in later life.

We follow guidance from the weather and UV level reports and use the following procedures to keep children safe and healthy in the sun:

- Key persons will work with the parents of their key children to decide and agree on suitable precautions to protect children from burning, including those with more sensitive skin types and those that may be more tolerant to the sunshine, e.g. children with black and/or Asian colouring.
- Children must have a clearly labelled sun hat which will be always worn whilst outside in sunny weather. This hat will preferably be of legionnaires design (i.e. with an extended back and side to shield children's neck and ears from the sun) which will provide additional protection.
- Sun cream will be provided by the nursery and consent will be sought from parents to enable us to apply this. Where parents refuse to consent to nursery cream being applied, they will need to provide their own sun cream clearly labelled with the child's name. The nursery currently use is: **Garnier Ambre Solaire – New kids sensitive advanced protection lotion – 50+ very high protection – five star ultra.**
- Parents are requested if possible, to supply light-weight cotton clothing for their children suitable for the sun, with long sleeves and long legs.
- Children's safety and welfare in hot weather is the nursery's prime objective so staff will work closely with parents to ensure all appropriate cream and clothing is provided.
- Staff will make day-to-day decisions about the length of time spent outside depending on the strength of the sun; children will not be allowed in the direct sunlight between 11.00am – 3.00pm on hot days or where the UV is at its highest. Staff will make regular checks through the Met Office
- Where the Met Office inform us of hot weather that can cause danger to health or life, we will not take children outdoors during these times
- Children will always have sun cream applied before going outside in the hot weather and at frequent intervals during the day.
- Children are encouraged to drink cooled water more frequently throughout sunny or warm days, and this will be accessible both indoors and out.
- Children are made aware of the need for sun hats, sun cream and the need to drink more fluids during their time in the sun, this information will be reiterated during the day through circle and discussion times.
- Shade will be provided to ensure children are able to still go out in hot weather, cool down or escape the sun should they wish or need to.
- Where a child attends nursery with sunburn, an injury at home form must be completed and signed by the child's parent before leaving the child. If sunburn does not become apparent until staff are applying suncream, parents will be called and asked to email the

nursery highlighting an explanation for the sun burn, this will then be printed and stored in the accident, incident and existing injury file

This policy was adopted on	8 September 2018
Signed on behalf of the nursery	
Signed by nursery owner	
Date for review	September 2026