



Intimate Care Policy

Loversall Farm Day Nursery aims to support children's care and welfare daily in line with their individual needs. All children need contact with familiar, consistent carers to ensure they can grow and develop socially and emotionally. At times children need to be cuddled, encouraged and offered physical reassurance.

Intimate care routines are essential throughout the day to ensure children's basic needs are met. This may include nappy changing, supporting children with toileting, changing clothes and giving first aid treatment and specialist medical support where required.

To maintain the child's privacy, we will carry out the majority of these actions on a one-to-one basis and wherever possible, by the child's key worker, with the exception of the first aid treatment that will be conducted by a qualified first aider.

When supporting children with toileting and intimate care hygiene routines we will always maintain a child's privacy and dignity as defined on page 40 of the EYFS 2025 guidance.

We wish to ensure the safety and welfare of the children involved in intimate care routines and safeguard against any potential harm as well as ensuring the staff member involved is fully supported and able to perform their duties safely and confidently. Through the following actions we will endeavour to support all parties:

- Promote consistent and caring relationships through the key person system in the nursery and ensure all parents understand how this works.
- Ensure all staff undertaking intimate care routines have suitable enhanced DBS checks and at least two adequate written references have been received.
- That newly employed staff have been working at the nursery for at least three weeks before they carry out any intimate care procedures. This timeframe will ensure the staff member is fully aware of the nursery procedure, that they are fully aware of the child's needs and most importantly the child feels comfortable with the member of staff
- Train all staff in the appropriate methods for intimate care routines and access specialist training where required, i.e. first aid training, specialist medical support.

- Conduct thorough inductions for all new staff to ensure they are fully aware of all nursery procedures relating to intimate care practices.
- Follow up procedures through supervision meetings to identify any areas for development or further training.
- Working closely with parents on all aspects of the child's care and education as written in the parent and carers as partner's policy. This is essential for intimate care routines which require specialist training or support. If a child requires specific support the nursery will arrange a meeting with the parent to discuss all relevant information relating to this to enable the staff to care for the child fully and meet their individual needs
- Ensure all staff have an up-to-date understanding of safeguarding children and how to protect children from harm. This will include identifying signs and symptoms of abuse and how to raise these concerns as set out in the safeguarding and child protection policy.
- The setting operates a whistle blowing policy as a means for staff to raise concerns about their peers or managers and helping staff develop confidence in raising worries as they arise to safeguard the children in the nursery.
- The management team regularly conducts working practice observations on all aspects of nursery operations to ensure that procedures are working in practice and all children are always supported fully. This includes intimate care routines.
- The nursery conducts regular risk assessments on all aspects of the nursery operation and this area is no exception. The nursery has assessed all the risks relating to intimate care routines and has placed appropriate safeguards in place to ensure the safety of all involved.

If any parent or member of staff has concerns or questions about intimate care procedures or individual routines, please see the manager at the earliest opportunity.

This policy was adopted on	7 September 2018
Signed on behalf of the nursery	
Signed by nursery owner	
Date of review	September 2026

