



**CANADIAN ACADEMY
OF PAIN MANAGEMENT**
EXCELLENCE IN INTERDISCIPLINARY EDUCATION

CANADIAN ACADEMY OF PAIN MANAGEMENT

PRESENTS:

PAIN MANAGEMENT ON-LINE CREDENTIALING COURSE

This Group Learning program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to **16 Mainpro+ Credits**.

REGISTRATION AND INFORMATION GUIDE

The Canadian Academy of Pain Management is dedicated to improving patient outcomes and interdisciplinary collaboration, by providing expert continuing education and professional development, opportunities to healthcare professionals involved in pain management.

ADVANCE YOUR EXPERTISE IN PAIN MANAGEMENT!

**COMPLETE THE CREDENTIALING PATHWAY AND THEN THE QUALIFYING
EXAMINATION TO EARN YOUR CREDENTIAL.**

Canadian Academy of Pain Management
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office@canadianapm.com

T: 416-705-3096



www.canadianapm.com

VISION:

Accreditation by the Canadian Academy of Pain Management acknowledges that the accredited member demonstrates a high standard of appropriate knowledge of the field of Pain Management and demonstrates the core attitudes requisite for the respectful, skillful, and compassionate care of patients living with pain.

MISSION:

1. The Canadian Academy of Pain Management is dedicated to uniting professionals who are committed to relieving patients living with pain, to acknowledge their professional identity in the field of pain management and relief, and to advance the professional practice of Pain Management.

2. It aims to promote and instill core values essential for the compassionate and professionally excellent practice of Pain Management.

3. It is dedicated to knowledge of the best clinical evidence, promotion of skills, and effective pain management.

4. This Academy is devoted particularly to accrediting and encouraging clinicians who care for patients living with pain and to provide a stimulus for their ongoing professional development.

WHO SHOULD ATTEND?

This multidisciplinary course is of interest to: Physicians and Allied professionals.

REQUIREMENTS

1. Attend the online course, complete the surveys and pass the exam based on attending the four CAPM days.
2. You are a current CAPM Member (Regular Membership Fee).
3. Proof of current licensure or registration of your profession regulatory body.
4. Documentation of your highest academic degree or diploma relevant to pain practice, if applicable.
5. CV demonstrating 2 or more years of active clinical practice in pain management.
6. Three letters of reference from colleagues to support that you practice in pain.

FACULTY 2026

MARTHA BAUER, BSC, OT

DR. MICHAEL BOUCHER, BKIN, MD, CCFP, MCIME

DR. CHADWICK CHUNG, BSC, DC, FCCS(C)

DR. INDY GHOSH, MD, CCFP, EM

DR. LYDIA HATCHER, MD, CCFP, FCFP, CHE, D-CAPM

DR. HAMID KHADIM, MD

DR. GARRY PALAK, MD, BCH, BAO, FRCPC

DR. JANANI SANKAR, PH.D., L.PSYCH., C.PSYCH., DCAPM

HOW TO REGISTER

ONLINE: <https://www.canadianapm.com/event-calendar>

CANCELLATION POLICY

Cancellations will be accepted until **October 1st** subject to a \$60.00 cancellation fee. **October 2nd— October 6th** there are no refunds for cancellations.



LEARNING OBJECTIVES

As a result of this course participation the learner will be able to:

AS AN EXPERT:

1. Identify through the history, review of documentary data and examination, the conditions, comorbidities and syndromes, preparatory for effective pain management decisions.
2. To conduct a physical examination to distinguish primary nociception neuropathic and nociceptive pain conditions.
3. Assess the patient's readiness for therapeutic change and identify obstacles interfering with change.
4. Choose behavioural strategies and therapies appropriate for the problem and to employ them.

AS A SCHOLAR:

Be able to discern common chronic pain syndromes including headache, low back pain, central sensitization syndromes, as well as managing chronic pain in specific patient populations including children, pregnancy, veterans and those with mental health concerns.

AS A COLLABORATOR:

To discern clinical history and physical signs and symptoms to make an Informed decision regarding the appropriateness of therapies including pharmaceutical, non-pharmaceutical and interventional procedures.



DO I NEED TO TAKE ALL FOUR DAYS?

Yes, for this course you do. Certification credits will be issued according to the number of days you take part in. If you miss a course day you can make up the day in the next set of course days.

REQUIREMENTS FOR PARTICIPANTS

MEMBERSHIP:

You must be a current member (regular membership).

SELF-ASSESSMENT QUESTIONNAIRE:

A self-assessment questionnaire will be emailed out to all participants. A survey will be sent for each course day plus a post final survey.

EXAM:

You must do the exam to be considered fully credentialed. Your exam mark will be emailed to you. Exam marks will be kept confidential.

DOCUMENTS:

The following documents need to be submitted in the following order in 1 PDF: copy of licensure, copy of highest degree, CV and three reference letters that speak to your work in pain management. Yes you can submit your documents after the course. Your certificate will be sent once all course requirements are completed.

CERTIFICATE:

The certificate will be emailed.

SESSION ONE—October 6, 2026

6:00 PM—7:00 PM

ASSESSING CHRONIC PAIN: REFERRAL TO DIAGNOSIS

Dr. Lydia Hatcher, Chadwick Chung

7:00 PM—8:00 PM

WHAT IS CHRONIC PAIN: NEUROSCIENCE AND CLASSIFICATION

Dr. Lydia Hatcher, Dr. Indy Ghosh

8:00 PM—8:10 PM

BREAK

8:10 PM—8:45 PM

STAGES OF CHANGE

Dr. Janani Sankar

8:45 PM—9:20 PM

PACING AND SIMPLE BEHAVIORAL STRATEGIES IN PAIN MANAGEMENT

Martha Bauer

9:20 PM—10:00 PM

MANAGING PAIN IN SPECIAL POPULATIONS

Full Faculty—Led By Dr. Chadwick Chung

SESSION TWO—October 8, 2026

6:00 PM—6:30 PM

PAIN AND COMORBID DEPRESSION

Dr. Janani Sankar, Dr. Michael Boucher

6:30 PM—7:00 PM

SLEEP DISORDERS AND CHRONIC FATIGUE ASSOCIATED WITH PAIN

Dr. Lydia Hatcher

7:00 PM—7:50 PM

NEURALGIA'S AND HEADACHES

Dr. Garry Palak

7:50 PM—8:00 PM

BREAK

8:00 PM—9:00 PM

LOW BACK PAIN AND NECK PAIN

Dr. Chadwick Chung, Dr. Michael Boucher

9:00 PM—10:00 PM

CENTRAL SENSITIZATIONS SYNDROMES

Dr. Lydia Hatcher, Dr. Chadwick Chung



SESSION THREE—October 13, 2026

6:00 PM—7:00 PM

INTERDISCIPLINARY PAIN MANAGEMENT
Full Faculty

7:00 PM—8:00 PM

COGNITIVE BEHAVIORAL THERAPY
Dr. Janani Sankar

8:00 PM —8:10 PM

BREAK

8:10: PM—10:00 PM

**INTERVENTIONAL CHRONIC PAIN
MANAGEMENT: AN EVIDENCE-BASED
APPROACH**
Dr. Hamid Khadim, Dr. Garry Palak



SESSION FOUR—October 15, 2026

6:00 PM—7:00 PM

NON OPIOID PHARMACEUTICALS IN PAIN MANAGEMENT
Dr. Lydia Hatcher, Dr. Indy Ghosh

7:00 PM—8:00 PM

OPIOIDS FOR THE TREATMENT OF CHRONIC PAIN
Dr. Lydia Hatcher

8:00 PM—8:10 PM

BREAK

8:10 PM—8:50 PM

CANNABIS AS “MEDICINE”
Dr. Lydia Hatcher, Dr. Indy Ghosh

8:50 PM—10:00 PM

PUTTING YOUR LEARNING INTO PRACTICE
Full Faculty



ONLINE CREDENTIALING COURSE—2026



CANCELLATION CLAUSE—PLEASE CHECK THE BOX TO AGREE

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Cancellations will be accepted until October 1, 2026 subject to a \$60.00 cancellation fee. October 2, 2026—October 6, 2026 there are no refunds for cancellations.

CREDENTIALING COURSE CHOICES:

CHOICE ONE:

You can choose to just take the course without credentialing. If you choose that option—you must be a member and then you would just pay the \$1,000, plus HST. No documents are required for this option.

CHOICE TWO:

If you want to take the course and become credentialed, you are required to be a member, choose the course fee of \$500, plus the credentialing fee of \$250, plus the exam fee of \$250. Documents listed for submission **only apply to the full credentialing option** and must be submitted in PDF format and sent in the correct order **1. Copy of Licensure 2. Copy of highest degree 3. CV 4. Reference Letters**

REGISTRATION FOR THE COURSE IS ONLY ONLINE AT:

Online Registration Link: <https://www.canadianapm.com/event-calendar>



COURSE FEES—There is no option to take single days for this Virtual Course. The full course is the only option for 2026.

MEMBERSHIP—You must be a CAPM member. (January 1—December 31, 2026)

MEMBERSHIP FEE	COURSE DATES & FEE IF CREDENTIALING	CREDENTIALING FEE	EXAM FEE	COURSE DATES & FEE IF ONLY TAKING THE COURSE
\$220.00	October 6, 8, 13, 15	\$250.00	\$250.00	October 6, 8, 13, 15
	\$500.00			\$500.00

1. I am a current Member of CAPM at the Regular Membership rate.
2. I am sending proof of current licensure or registration of profession regulatory body.
3. I am sending documentation of my highest academic degree or diploma relevant to pain practice.
4. I am sending my CV via email demonstrating 2 or more years of active clinical practice in pain management.
5. I am sending 3 letters via email of reference from colleagues supporting my pain management service

Use this to calculate your total before using the payment link below:

SUB TOTAL OF ALL CHOICES: \$ _____

13% HST #783327893RT0001 \$ _____

TOTAL: \$ _____

PAYMENT: Payment can be made by Visa, Mastercard or Amex

TO REGISTER: <https://www.canadianapm.com/event-calendar>

QUESTIONS

Krista Hook, Office Manager; Karin Podolyak; T: 416-705-3096; office@eismanagemengroup.com