

7-Night Playa Mujeres CME AWAY® Resort

February 14-21, 2026

At Dreams & Secrets Playa Mujeres Golf & Spa Resort
Playa Mujeres, Mexico



The Canadian Academy of Pain Management presents: Intensive Chronic Pain Management



**CANADIAN ACADEMY
OF PAIN MANAGEMENT**
EXCELLENCE IN INTERDISCIPLINARY EDUCATION

**ROUNDTrip
ECONOMY AIRFARE
FROM TORONTO
INCLUDED!**

**COMPANION
STAYS FREE!**

**CME
AWAY®**
by Sea Courses
RESORT

**ADULTS-ONLY &
FAMILY-FRIENDLY OPTIONS!**

DREAMS
Resorts & Spas

&

SECRETS
Resorts & Spas

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The CME AWAY® Commitment

Sea Courses is a medical education company. We offer courses from the medical profession's top educators. These take place around the world allowing physicians to combine learning with personal health breaks and rejuvenation time. Medical professionals choose our CME AWAY® courses because of the combination of high quality and engaging speakers, the latest educational content, terrific venues and family time away from the stresses of everyday life. After 25 years, we are recognized as the leading provider of CME AWAY® experiences.



Our History

Sea Courses came into being in 1995. It was the creation of family physician Dr. Martin Gerretsen and his business partner Harvey Strydhorst. The first CME AWAY® trip operated in 1996 and this has been followed by over 500 trips since then. [Click here to read more about our history!](#)

The CME AWAY® Difference

Our surveys continue to validate that destination CME's offer these key advantages over traditional local classroom CME events:

- All CME AWAY® programmes are certified by the College of Family Physicians of Canada.
- Participants have extended opportunities to interact formally and informally with faculty and peers.
- Sessions occur throughout the entire duration of your trip, allowing time for reflection and further questioning of what has been learned.
- Attendees not only come from several disciplines and health professions, but also from many provinces, states and countries – all of which adds to the group interactive discussions

Even though your primary goal is to be educated, you will accomplish so much more on a CME AWAY® by Sea Courses... The health benefits of time away, the learning experience that is a big part of travelling the world, a vacation experience with colleagues, family and friends. These are the unique advantages of the Sea Courses' CME AWAY® environment.

Diplomate Credentialing Option

Credentialing is a mark of approval by the professional organization CAPM that the member has achieved recommended standards of professional development and experience in pain management. Credentialing is not Board Certification, medical specialty status, or academic degree, and must not be claimed as such.

Diplomate status with the CAPM is restricted to healthcare professionals licensed in good standing with their Canadian regulatory bodies. You must provide copy of license by your Canadian regulated healthcare authority, copy of highest relevant academic diploma or degree, Curriculum Vitae showing that you are practicing a significant portion of time in pain management for at least two years, three letters of recommendation from peers regarding your practice in pain, be a current member in the credentialing stream with CAPM and attend the course and pass the examination.



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INTRODUCTION

The Canadian Academy of Pain Management (CAPM) is dedicated to promoting excellence of care for patients living with pain. Our 16 hour program provides a comprehensive opportunity for healthcare professionals to enhance their expertise and make informed decisions in pain management. As a result of completing the course, you will gain a deeper understanding of the conditions, comorbidities, and syndromes associated with pain, preparing them to effectively manage these issues.

You will develop the ability to distinguish between nociceptive, neuropathic and nociplastic pain conditions through an expert history and physical examination, allowing for accurate diagnosis and targeted treatment. The course also helps you assess a patient's readiness for therapeutic change and identify obstacles to achieving it, enabling tailored, effective interventions. As scholars, participants will become adept at recognizing and managing chronic pain syndromes while also considering the unique needs of specific patient populations.

Additionally, learners will refine their skills as collaborators, making informed decisions about the most appropriate therapies, whether pharmaceutical, non-pharmaceutical, or interventional. Completing the CAPM course positions participants as experts in the field, empowering them to make significant contributions to patient care and pain management.

FACULTY



Dr. Lydia Hatcher, MD, CCFP, FCFP, CHE, D-CAPM—President CAPM |
Pain Management & Psychotherapy | [Biography](#)



Martha Bauer, BSc, OT | Occupational Therapist | [Biography](#)



Dr. Chadwick Chung, BSc, DC, FCCS© | Chiropractic Clinical Specialist | [Biography](#)



Dr. Ali Fateh, HBSc, MD, FRCPC, DCAPM | Physiatry | [Biography](#)



Dr. Eleni Hapidou, PhD, C. Psych | Psychology & Pain Management | [Biography](#)



Dr. Suneel Upadhye, MD, MSc, FRCPC, DCAPM | Emergency Medicine | [Biography](#)

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TOPICS

- Assessing Chronic Pain: Referral To Diagnosis
- What Is Chronic Pain: Neuroscience And Classification
- Stages Of Change
- Pacing And Simple Behavioral Strategies In Pain Management
- Managing Pain In Special Populations
- Pain And Comorbid Depression
- Chronic Fatigue And Sleep Disorders
- Neuralgias And Chronic Headache
- Low Back Pain And Neck Pain
- Central Sensitizations Syndromes
- Interdisciplinary Pain Management
- Cognitive Behavioral Therapy
- Interventional Treatments
- Non Opioid Pharmaceuticals In Pain Management
- Opioids In Pain Management And Dependency
- Cannabis As "Medicine"
- Putting Your Learning Into Practice

As a result of this course participation the learner will be able to:

AS AN EXPERT:

1. Identify through the history, review of documentary data and examination, the conditions, comorbidities and syndromes, preparatory for effective pain management decisions.
2. To conduct a physical examination to distinguish primary nociception neuropathic and nociceptive pain conditions.
3. Assess the patient's readiness for therapeutic change and identify obstacles interfering with change.
4. Choose behavioral strategies and therapies appropriate for the problem and to employ them.

AS A SCHOLAR:

Be able to discern common chronic pain syndromes including headache, low back pain, central sensitization syndromes, as well as managing chronic pain in specific patient populations including children, pregnancy, veterans and those with mental health concerns.

AS A COLLABORATOR:

To discern clinical history and physical signs and symptoms to make an Informed decision regarding the appropriateness of therapies including pharmaceutical, non-pharmaceutical and interventional procedures.

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DAY	DATE	LOCATION	CME TIMES
1	Saturday, February 14	Playa Mujeres, Cancún, Mexico	
2	Sunday, February 15		Cocktail Reception 6:00pm – 7:00pm
3	Monday, February 16		7:30AM—1:00PM
4	Tuesday, February 17		
5	Wednesday, February 18		8:00AM—12:30pm
6	Thursday, February 19		
7	Friday, February 20		8:00AM—12:30PM 1:30PM—4:00PM
8	Saturday, February 21		



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Family Friendly

At **Dreams** Playa Mujeres, amenities include:

Food and beverages

- À la carte meals, snacks, and beverages included
- 24-hour room service
- In-room minibar (all beverages included)
- Meals and beverages at companion properties
- Gratuities and taxes are included. Additional gratuities at guests' discretion are accepted.

Water activities

- Kayaking
- Snorkeling

Land activities

- Bicycling
- Fitness facilities
- Miniature golf
- Soccer

- Volleyball
- Offsite tours
- Kids club

Lessons/classes/games

- Aerobics
- Cooking
- Dancing
- Language
- Water fitness

Entertainment

- Access to onsite nightclubs
- Onsite live performances
- Theme parties

Adults Only

At **Secrets** Playa Mujeres Golf & Spa Resort, amenities include:

- Limitless access to gourmet à la carte dining options without reservations required
- Unlimited international and domestic top-shelf spirits
- Unlimited natural fruit juices and soft drinks
- 24-hour room and concierge services
- Pool and beach wait service
- Daily refreshed mini-bar with soft drinks, juice, bottled water and beer
- Daily maid service
- Endless daytime activities and live nightly entertainment
- Theme parties, oceanfront bars and entertainment venues
- No wristbands required
- All taxes and gratuities included
- Enjoy free Wi-Fi and free international calling to the US, Canada and Mexico with Unlimited Connectivity

In addition to the above amenities, your experience at Secrets Playa Mujeres also includes:

- Discounted Green Fees at the championship 18-hole Playa Mujeres Golf Course, designed by golf legend Greg Norman and only 2 minutes from the resorts' lobby
- Complete access to the facilities at Dreams Playa Mujeres Golf & Spa Resort next door, offering ten additional restaurants, thirteen bars, three pools, a waterpark and much more

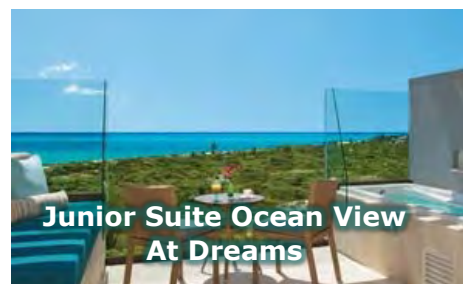
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Junior Suite Pool View
At Dreams



Junior Suite Ocean View
At Dreams



Junior Suite Garden View
At Secrets



Junior Suite Ocean View
At Secrets



Junior Suite SwimOut
At Secrets

Dreams — Family Friendly

Junior Suite Pool View

602 sq. ft.

One king-size or two queen-size beds

Separate living room with sofa

Bathroom with rain shower, water closet and double vanities

Furnished private terrace with hot tub

Junior Suite Ocean View

602 sq. ft.

One king-size or two queen-size beds

Separate living area with a sofa bed

Bathroom with a rain shower, water closet and double vanities

Furnished private terrace with hot tub

Secrets — Adults Only

Junior Suite Garden View

602 sq. ft.

One king-size bed or two queen beds

Full bathroom with rain shower and hydrotub

Private, furnished balcony

Garden view

Junior Suite Ocean View

602 sq. ft.

One king-size or two queen beds

Full bathroom with rain shower and hydrotub

Private, furnished balcony

Ocean view

Junior Suite Swim Out

602 sq. ft.

One king-size or two queen beds

Full bathroom with rain shower and hydrotub

Private, furnished terrace with direct swim out access

Pool or garden views

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Rates as of June 13, 2025	Guest 1	Guest 2	Child 2 Years	Child 3-12 Years	3rd Adult
Dreams—Family Friendly					
Junior Suite—Pool View	\$8,998	FREE	\$1,199	\$2,499	\$4,036
Junior Suite— Ocean View	\$9,998	FREE	\$1,199	\$2,499	\$4,338
Secrets—Adults Only					
Junior Suite—Garden View	\$8,598	FREE	N/A	N/A	N/A
Junior Suite—Ocean View	\$8,698	FREE	N/A	N/A	N/A
Junior Suite—Swim Up	\$9,098	FREE	N/A	N/A	N/A

Conference Tuition	BOOK BY NOV 30, 2025	BOOK AFTER NOV 30, 2025
FP	\$1,295	\$1,445
Specialist	\$1,295	\$1,445
Resident, Retired, RN, NP, PA, Other	\$1,095	\$1,245
Frequent Traveller With CME AWAY® by Sea Courses? Ask your agent about tuition discounts!		



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Prices shown are CME AWAY® only group rates. Additional room categories may be available. Please ask your CME AWAY® Advisor.

Air Canada connecting flights available from over 60 Canadian airports (price based on routing), please ask your CME AWAY® Advisor for details.

TERMS & CONDITIONS

1. This package is sold in CAD, inclusive of taxes & service charges.
2. Prices include roundtrip economy airfare from Toronto to Cancun on Air Canada or Air Canada Rouge, and include taxes and fees.
3. Prices include roundtrip shared transfers between Cancun airport & resort.
4. Tuition sold in CAD.
5. Prices valid at time of printing and subject to change without notice. Prices become guaranteed with payment.
6. Sea Courses is not responsible for any international currency conversion rate fluctuations charged by your credit card or financial institution at the time of purchase or potential refund.
7. Non-refundable trip deposit of \$300 per person due at booking.
8. Non-refundable tuition deposit of \$150 per attendee is due at the time of booking to reserve your seat in the conference. Only paid registrants receive a certificate of attendance.
9. Second deposit of 50% of balance for trip is due by October 1, 2025.
10. Final payment for trip and tuition is due by December 3, 2025.
11. Cancellations prior to December 3, 2025 – penalty is loss of deposit.
12. Cancellations between December 4 and December 30, 2025 – penalty is 50% of the total price.
13. Cancellations after December 30, 2025 – penalty is 100% of the total price and tuition.
14. Trip and conference must both be booked through Sea Courses.
15. A \$100 CAD per room admin fee for any cancellation will be charged by Sea Courses.
16. Sea Courses reserves the right to change speakers and/or program without notice. Sea Courses reserves the right to cancel the course for just cause. Upon cancellation, registration fee will be held as a future credit.

TRAVEL INSURANCE

WHY BUY TRAVEL INSURANCE?

In this everchanging world, most of us still want to get on with our lives and not be overwhelmed by world events. Planning well in advance of travel means that there is time for conditions to change. It is therefore, more important than ever, to have adequate insurance coverage. Most insurance policies require government warnings NOT TO TRAVEL to a specific destination in order to allow cancellation with a full refund. Please carefully review the details of your policy.

For Canadian residents, we highly recommend Manulife Travel Insurance. We have sold their policies for many years with virtually no issues. In particular, we would strongly recommend securing their CANCEL FOR ANY REASON coverage. This must be booked within 48 hours of making your travel reservations. However, the coverage provides you with total peace of mind, regardless of the reasons you choose not to travel. Our travel advisors can explain all the details and provide you with the exact coverage you require.

[Click this link to access the registration form](#)