

Have **the** Talk.

The list below offers some ideas for questions that might help get the conversation started or help your loved one share their story.

- What did your parents think of the music you listened to growing up? What are some of your favorite songs?
- Tell me about your favorite teacher. What did you learn from him or her?
- What was the one piece of advice you received from your parents or grandparents that you never forgot?
- Where did you and your friends hang out when you were in high school?
- What is your proudest achievement?
- Tell me about the most memorable summer you had growing up.
- Tell me about your first job. Did you learn something from a boss or a co-worker that's helped you over the years?
- Tell me about one of the most difficult things you've had to endure. What did you learn from it?
- How do you hope you are remembered?
- What do you not want people to forget about you?
- How would you like your family and friends to commemorate your life when you die? Is there something special you would like us to do for you?

There are no rules for how to have the talk, only that you make time to do so. Everyone has a story to tell and there's always something more that we can learn about the one-of-a-kind lives our loved ones have led.

