

**HOMEMADE
OVERNIGHT OATS**

- Blueberry Delight
- Chocolate Chip
- Apple Spice

\$4.99

Delicacies Gourmet

Daily Specials Menu

1354 Old Northern Blvd Roslyn, NY
phone (516) 484-7338 fax (516) 484-7307
www.delicaciesdeli.com

Homemade Soups!

1- Chicken Noodle

Monday, September 22nd, 2025

Fresh Green Salads

S-1 Chicken Weight Watchers Salad: 4 oz. Grilled Chicken over Mixed Greens, Veggies, Hard Boiled Egg Whites
WITH TOASTED PITA ON THE SIDE your choice of dressing...\$11.49

S-2 Mexican Salad: Mixed Greens with Tomatoes, Avocado, Shredded Cheddar, Red Onion, Kidney Beans
topped with Spicy Grilled Chicken Breast & served with Salsa on the side ...\$11.49

Steam Table - Hot Meal Deals

- 3. Roasted Chicken** served with Rice & Veggies ... \$13.49
- 4. Sausage & Peppers** served over Rice ... \$13.49
- 5. Roasted Loin of Pork** served with Mashed Potatoes & Veggies ... \$13.49
- 6. Grilled Teriyaki Salmon** served with Rice & Veggies ... \$16.49
- 7. Takumi Quesadilla w/Short Rib** ... \$13.49
- 8. Chicken Parmesan** served with Penne Ala Vodka ... \$13.49
- 9. Penne Ala Vodka** ... \$9.49 Small, \$11.49 Large

Atkins/Healthy Specials

- 10. Grilled Vegetables with Fresh Mozzarella with whole grain bread...\$9.49
- 11. Teriyaki Turkey Burger over Field of Green w/Sliced Cantaloupe...\$9.49

Healthy Delights

- 12. Tossed Garden Salad with Coleslaw and a 4 oz. Veggie Burger...\$9.49
- 13. Grilled Vegetables on a Tomato Wrap with Melted Swiss...\$9.49

BURGER MADNESS



Hamburger, Turkey Burger or Veggie Burger with Lettuce, Tomato and French Fries Only \$8.49! w/ Cheese \$9.49

Sandwich Specials

- 16. Gyro** on a Pita served with a Greek Salad...\$10.49
- 17. Grilled Pesto Chicken Panini** with Melted Mozzarella Cheese ... \$11.49
- 18. Low Fat Turkey Special** Cracked Pepper Turkey, Alpine Lace Swiss, Lettuce, Tomato, Avocado
And Honey mustard on a Multigrain Roll ...\$9.49



Monday's Hero DuJour

Boar's Head Turkey Breast on a Hero with a FREE ¼ lb. of Macaroni Salad, Potato Salad, or Coleslaw...only \$9.49! (no substitutions)

**TRY OUR NEW GRAB AND GO WRAPS AND
SANDWICHES
MADE FRESH DAILY**

Waist Watcher (Boars Head Crack Pepper
Turkey, Alpine Lace Swiss, Lettuce Tomato,
Oil & Vinegar on Multi Grain) **\$10.99**

Buffalo Chicken Wrap (BH Sliced Buffalo
Chicken, Pepperjack, Lettuce & Tomato &
Blue Cheese Dressing) **\$12.49**

~~~ No Substitution ~~~

## **Homemade Salads made Fresh Daily**

**½ lb \$5.25**

### **ISRAELI SALAD**

- Quinoa Salad** (Quinoa, Chickpeas, Red Onions, Tomatoes & Cucumbers)
- Chickpea Salad** (Chickpeas, Tomatoes, Red Onions, Cucumbers, Olive Oil)
- Greek Salad** (Chopped w/Tomatoes, Onions, Feta Cheese, Green Peppers & Cucumbers)
- Penne Pasta Salad** (Penne, Fresh Mozzarella & Tomatoes)
- Rigatoni Salad** (Rigatoni, Broccoli, Roasted Red Peppers, Parmesan Cheese, Garlic & Oil)