

**HOMEMADE  
OVERNIGHT OATS**

- Blueberry Delight
- Chocolate Chip

**\$4.99**

## Delicacies Gourmet

### *Daily Specials Menu*

1354 Old Northern Blvd Roslyn, NY  
phone (516) 484-7338 fax (516) 484-7307  
[www.delicaciesdeli.com](http://www.delicaciesdeli.com)

### **Homemade Soups!**

**1- Chicken Noodle**

**Monday, October 6<sup>th</sup>, 2025**

### **Fresh Green Salads**

**S-1 Chicken Weight Watchers Salad:** 4 oz. Grilled Chicken over Mixed Greens, Veggies, Hard Boiled Egg Whites  
**WITH TOASTED PITA ON THE SIDE your choice of dressing...**\$11.49

**S-2 Mexican Salad:** Mixed Greens with Tomatoes, Avocado, Shredded Cheddar, Red Onion, Kidney Beans  
topped with Spicy Grilled Chicken Breast & served with Salsa on the side ...\$11.49

### **Steam Table - Hot Meal Deals**

**3. Arroz Con Pollo (Chicken & Rice) ...** \$13.49

**4. Shrimp Lo Mein ...** \$16.49

**5. Hot Pastrami** served with Boiled Potatoes & Veggies ... \$14.99

**6. Italian Meatballs** served with Spaghetti ... \$13.49

**7. Takumi Quesadilla w/Short Rib ...** \$13.49

**8. Chicken Parmesan** served with Penne w/Broccoli, Garlic & Oil ... \$13.49

**9. Penne w/Broccoli, Garlic & Oil ...** \$9.49 Small, \$11.49 Large

### **Atkins/Healthy Specials**

10. Grilled Vegetables with Fresh Mozzarella with whole grain bread...\$9.49

11. Teriyaki Turkey Burger over Field of Green w/Sliced Cantaloupe...\$9.49

### **Healthy Delights**

12. Tossed Garden Salad with Coleslaw and a 4 oz. Veggie Burger...\$9.49

13. Grilled Vegetables on a Tomato Wrap with Melted Swiss...\$9.49

### **BURGER MADNESS**



Hamburger, Turkey Burger or Veggie Burger with Lettuce, Tomato and French Fries Only \$8.49! **w/ Cheese** \$9.49

### **Sandwich Specials**

**16. Gyro** on a Pita served with a Greek Salad...\$10.49

**17. Grilled Pesto Chicken Panini** with Melted Mozzarella Cheese ... \$11.49

**18. Low Fat Turkey Special** Cracked Pepper Turkey, Alpine Lace Swiss, Lettuce, Tomato, Avocado  
And Honey mustard on a Multigrain Roll ...\$9.49

### **Monday's Hero DuJour**



**Boar's Head Turkey Breast** on a Hero with a **FREE ¼ lb.** of Macaroni Salad, Potato Salad, or Coleslaw...only \$9.49! (no substitutions)

### **TURKEY CLUB SPECIAL**

Turkey Club on White  
Bread w/French Fries  
**\$13.49**



### **Homemade Salads made Fresh Daily**

**½ lb \$5.25**

**Oriental Noodle Salad** (Noodles w/Peppers, Carrots, Scallions,  
Sesame Seeds & Oriental Dressing)

**Greek Salad** (Chopped w/Tomatoes, Onions, Feta Cheese, Green  
Peppers & Cucumbers)

**Cucumber & Tomato Salad** (Cucumbers, Tomatoes, & Red  
Onions)

**Rigatoni Salad** (Rigatoni, Broccoli, Roasted Red Peppers &  
Garlic)