

Mostyn Lodge Newsletter – January 2026

As we step into a new year, we hope everyone had a peaceful and enjoyable start to 2026. After a wonderfully busy Christmas period filled with celebrations, decorations, and family visits, January has given us the chance to settle back into our routines while still enjoying plenty of meaningful activities and moments together.

A Calm and Comforting Start to the Year

Residents have particularly enjoyed the return of dog therapy sessions with Melody, which continue to bring smiles, comfort, and companionship. The visits have been a highlight of the month, with many residents expressing how calming and uplifting they find spending time with our four-legged friends.

We have also had great fun with karaoke afternoons, which have been full of laughter, music, and a lovely sense of togetherness. Whether singing along or simply enjoying the atmosphere, everyone has taken part in their own way, and it has been wonderful to see the confidence and joy these sessions bring.

New Activity: Movie Afternoons

This month we introduced movie afternoons, held shortly after lunch. These have quickly become a resident favourite. The chance to relax with a warm drink, enjoy a classic film, and spend time together has created a cosy and enjoyable daily routine. We will continue to rotate film choices based on resident suggestions to keep the sessions varied and engaging.

Looking Ahead: Relative Surveys

As part of our ongoing commitment to improving the service and strengthening communication, we will soon be introducing relative surveys. These will give families the opportunity to share feedback, ideas, and suggestions about the care and support we provide. Your views are incredibly important to us, and the surveys will help shape future developments within the home.

Thank You

We would like to thank residents, relatives, and staff for their continued support and positivity as we begin another year together. January has been a gentle and enjoyable month, and we look forward to sharing more updates, activities, and improvements as 2026 unfolds.