

## CAPSULE ENDOSCOPY PREP

PROCEDURE DATE:

CHECK-IN TIME: 8:15AM

**IMPORTANT: PLEASE READ INSTRUCTIONS THOROUGHLY!**

TO DO:








- ✓ Pick up your prescription for Colyte (PEG-3350 solution) at your pharmacy

**7 DAYS BEFORE PROCEDURE-** Stop taking any iron products (including multivitamins w/ iron and herbal medications) unless approved by your physician. Not holding these will result in your procedure being rescheduled!

**1 DAY BEFORE PROCEDURE-** You may have a light breakfast and then must follow a strict liquid diet for the rest of the day (see below). At 5:00PM- drink ½ gallon of prep. You may have clear liquids until 8:00PM. Nothing after that. You may NOT smoke 24 hours prior to undergoing a capsule endoscopy test.

**DAY OF PROCEDURE-** You may take your scheduled morning medications with a small sip of water, otherwise you may not have ANYTHING to eat or drink. If you are not fasting, your procedure will be cancelled. You will arrive at our office at 8:15AM. You will be hooked up to the recording device and will swallow the camera pill. The nurse will instruct you on how you will go about your day as far as eating/drinking, which you will record on a log we provide. You must return to the office at 4:30PM.

For questions, please call (423) 929-7111 ext. \_\_\_\_\_

Tea & Coffee	Sweeteners	Powdered Drink Mixes	Vitamin Water & Coconut Water	Carbonated Beverages
				
Black only! NO creamers (including non-dairy)	Sugar only! NO honey	NO red, green, or purple	NO red, green, or purple	NO red, green, or purple
Sports Drinks	Popsicles	Jell-O	Juices	Broths
				
NO red, green, or purple	NO red, green, or purple	NO red, green, or purple	NO pulp, red, green or purple. Clear juices only!	NO noodles, rice, veggies or proteins. Clear broth only!