

MCOA&CS June 2026 Menu - Vale

Vale Senior Center - 100 Longfellow St. S, Vale, OR - (541) 473-3185

Lunch is Served from 12:00 pm to 1:00 pm; Seniors 60 & older, no charge; 59 & younger, \$5.00/meal

Monday, June 1, 2026	Wednesday, June 3, 2026	Monday, June 8, 2026
Salad w/Dressing Spaghetti Hot Vegetable Garlic Bread Cupcakes Milk/Coffee/Water	Soup of the Day Turkey Sandwich Macaronni Salad Fresh Fruit Hot Vegetables Wheat Bread Brownies Milk/Coffee/Water	Coleslaw BBQ Pork Sandwich Mashed Potatoes Hot Vegetable Dinner Roll Fruitbar Milk/Coffee/Water
Wednesday, June 10, 2026	Monday, June 15, 2026	Wednesday, June 17, 2026
Salad w/ Ranch Dressing Chicken w/Broccoli Casserole Hot Vegetables Fresh Fruit Wheat Bread Brownies Milk/Coffee/Water	Coleslaw Chicken Enchiladas Spanish Rice Seasoned Beans Hot Vegetables Tortillas Salsa & Sour Cream Birthday Cake Milk/Coffee/Water	Soup of the Day Baked Ham Scalloped Potatoes Hot Vegetable Wheat Bread Pumpkin Pie Milk/Coffee/Water
Monday, June 22, 2026	Wednesday, June 24, 2026	Monday, June 29, 2026
Fresh Fruit Scrambled Eggs Pancakes Hashbrowns Biscuits Peach Cobbler Milk/Coffee/Water	Salad w/ Dressing Chicken Pot Pie Hot Vegetable Wheat Roll Cookies Milk/Coffee/Water	Egg Flower Soup Sweet and Sour Chicken Hot Vegetable Dinner Roll Cupcakes Milk/Coffee/Water