

## MCOA&CS April 2026 Menu - Vale

Vale Senior Center - 100 Longfellow St. S, Vale, OR - (541) 473-3185

Lunch is Served from 12:00 pm to 1:00 pm; Seniors 60 & older, no charge; 59 & younger, \$5.00/meal

Wednesday, April 1, 2026	Monday, April 6, 2026	Wednesday, April 8, 2026
Salad w/Dressing Meatloaf Mashed Potatoes Brown Gravy Hot Vegetable Dinner Rolls Cupcakes Milk/Coffee/Water	Soup of the Day Turkey Casserole Hot Vegetable Wheat Bread  Cookies Milk/Coffee/Water	Cabbage Salad Baked Ham Mac & Cheese Hot Vegetables Wheat Bread  Brownies Milk/Coffee/Water

Monday, April 13, 2026	Wednesday, April 15, 2026	Monday, April 20, 2026
Soup of the Day Hot Turkey Sandwich Mashed Potatoes Gravy Hot Vegetables Dinner Rolls BIRTHDAY CAKE! Milk/Coffee/Water	Sweet & Sour Soup Mandarin Chicken Fried Rice Hot Vegetables Japanese Roll  Cookies Milk/Coffee/Water	Salad w/Dressing Chicken Pot Pie Hot Vegetables Wheat Roll Pie Toppers Fresh Fruit Apple Pie Milk/Coffee/Water

Wednesday, April 22, 2026	Monday, April 27, 2026	Thursday, April 30, 2026
Gelatin Roast Pork Baked Potatoes Sour Cream/Cheese Hot Vegetables Croissant Brownies Milk/Coffee/Water	Salad w/Dressing Ravioli w/Sauce Hot Vegetables Cheezy Garlic Bread  Peach Cobbler Milk/Coffee/Water	Salad w/Dressing Beef Tacos Spanish Rice Hot Vegetables Tomato/Cheese/Onions/Salsa Tortillas Cookies Milk/Coffee/Water