

MCOA&CS August 2026 Menu - Ontario

MCOA&CS Office - 842 SE 1st Ave. Ontario, OR - (541) 889-7651

Lunch is Served from 12:00 pm to 1:00 pm; Seniors 60 & older, no charge; 59 & younger, \$5.00/meal

Tuesday, September 1, 2026	Thursday, September 3, 2026	Tuesday, September 8, 2026
Pork Loin Mashed Potatoes w/Gravy Hot Vegetable Wheat Bread Carrot Cake Milk/Coffee/Water	Chicken Fajitas Salad w/ Dressing Spanish Rice Hot Vegetable Empanada Milk/Coffee/Water	Baked Ham Salad w/Dressing Mashed Potatoes w/ Gravy Hot Vegetable Cookies Milk/Coffee/Water

Thursday, September 10, 2026	Tuesday, September 15, 2026	Thursday, September 17, 2026
Turkey Sandwich Coleslaw Mac Salad Hot Vegetables Wheat Bread Brownies Milk/Coffee/Water	Chicken Quarters Salad w/Dressing Mashed Potatoes w/Gravy Hot Vegetable Dinner Roll Birthday Cake! Milk/Coffee/Water	Chili w/Meat Steamed Rice Hot Vegetable Fresh Fruit Cupcake Milk/Coffee/Water

Tuesday, September 22, 2026	Thursday, September 24, 2026	Tuesday, September 29, 2026
Spaghetti w/Meat Sauce Salad w/ Dressing Hot Vegetable Garlic Dinner Roll Peach Cobbler Milk/Coffee/Water	Meatloaf Salad w/Dressing Mashed Potatoes w/Gravy Hot Vegetable Wheat Bread Fresh Fruit Cookies Milk/Coffee/Water	BBQ Chicken Mashed Potatoes w/Gravy Hot Vegetable Slider Buns (2 ea.) Jell-O Cinnamon Rolls Milk/Coffee/Water