Malheur Council on Aging Menu Ontario September 2025

Date: Sept 2 Date: Tues	Date: Sept 4 Day: Thurs	Date: Sept 9 Day: Tues
Menu	Menu	Menu
Green Salad w/ Ranch	Green Salad w/ Ranch	Green Salad w/ Creamy
Meatloaf	Chicken Noodle Casserole	Italian
Mashed w/ Beef Gravy	Hot Vegetable	Spaghetti w/ Meat Sauce
Hot Vegetables	Crescent Rolls	Hot Vegetable
Wheat Bread		French Bread
		Garlic Butter
	Dessert	
	Milk	Dessert
		Milk
		-
Date: Sept 11 Day: Thurs	Date: Sept 16 Day: Tues	Date: Sept 18 Day: Thurs
Menu Cabbasa Salad	Menu Green Salad w/ Ranch	Menu Foo Flower Sour
Cabbage Salad Chicken Broccoli Casserole		Egg Flower Soup Sweet & Sour Chicken
Hot Vegetable	Refried Beans	Fried Rice
Wheat Dinner Rolls	Spanish Rice	Stir Fry Vegetables
	Corn	Hawaiian Sweet Rolls
Dessert	Tortillas/Salsa/Tomato/Ch	Dessert
Milk	eese	Milk
	BIRTHDAY CAKE !!!	
	Milk	
Date: Sept 23 Day: Tues	Date: Sept 25 Day: Thurs	Date: Sept 30 Day: Tues
Menu Menu	Menu	Menu
Soup of the Day	Green Salad w/ 1000	Soup of the Day
Baked Pork Loin	Fried Chicken	Beef Tips w/ Brown Gravy
Bread Dressing	Mashed Potatoes	Pasta
Pork Gravy	Country Gravy	Hot Vegetable
Hot Vegetable	Hot Vegetable	Dinner Rolls
Wheat Dinner Rolls	Biscuits	
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Dessert

Milk

Dessert

Milk

Dessert

Milk