

Malheur Council on Aging Menu Nyssa September 2025

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| Date: Sept 2    Date: Tues<br>Menu                                                                                           | Date: Sept 4    Day: Thurs<br>Menu                                                                                                                   | Date: Sept 9    Day: Tues<br>Menu                                                                                                    |
| Green Salad w/ Ranch<br>Meatloaf<br>Mashed w/ Beef Gravy<br>Hot Vegetables<br>Wheat Bread                                    | Green Salad w/ Ranch<br>Chicken Noodle Casserole<br>Hot Vegetable<br>Crescent Rolls<br><br>Dessert<br>Milk                                           | Green Salad w/ Creamy<br>Italian<br>Spaghetti w/ Meat Sauce<br>Hot Vegetable<br>French Bread<br>Garlic Butter<br><br>Dessert<br>Milk |
| Date: Sept 11    Day: Thurs<br>Menu                                                                                          | Date: Sept 16    Day: Tues<br>Menu                                                                                                                   | Date: Sept 18    Day: Thurs<br>Menu                                                                                                  |
| Cabbage Salad<br>Chicken Broccoli Casserole<br>Hot Vegetable<br>Wheat Dinner Rolls<br><br>Dessert<br>Milk                    | Green Salad w/ Ranch<br>Beef Tacos<br>Refried Beans<br>Spanish Rice<br>Corn<br>Tortillas/Salsa/Tomato/Ch<br>eese<br><b>BIRTHDAY CAKE !!!</b><br>Milk | Egg Flower Soup<br>Sweet & Sour Chicken<br>Fried Rice<br>Stir Fry Vegetables<br>Hawaiian Sweet Rolls<br><br>Dessert<br>Milk          |
| Date: Sept 23    Day: Tues<br>Menu                                                                                           | Date: Sept 25    Day: Thurs<br>Menu                                                                                                                  | Date: Sept 30    Day: Tues<br>Menu                                                                                                   |
| Soup of the Day<br>Baked Pork Loin<br>Bread Dressing<br>Pork Gravy<br>Hot Vegetable<br>Wheat Dinner Rolls<br>Dessert<br>Milk | Green Salad w/ 1000<br>Fried Chicken<br>Mashed Potatoes<br>Country Gravy<br>Hot Vegetable<br>Biscuits<br>Dessert<br>Milk                             | Soup of the Day<br>Beef Tips w/ Brown Gravy<br>Pasta<br>Hot Vegetable<br>Dinner Rolls<br><br>Dessert<br>Milk                         |