

July 2025 - Malheur Council on Aging Menu - Vale

Vale Senior Center - 100 Longfellow St. S, Vale, OR - (541) 473-3185

Lunch is Served from 12:00 pm to 1:00 pm; Seniors 60 & older, no charge; 59 & younger, \$5.00/meal

Wednesday, July 2	Monday, July 7	Wednesday, July 9	Monday, July 14	Wednesday, July 16
Potato Salad Fried Chicken Baked Beans Hot Vegetable Wheat Dinner Rolls Dessert Milk	Soup of the Day Meat Loaf Mashed Potatoes Brown Gravy Hot Vegetable Dinner Rolls Dessert Milk	Soup of the Day Chicken/Bac/Cheese/ Wrap Pasta Salad Hot Vegetable Dessert Milk	Gelatin Salad Taco Salad Beef Taco Mix Lettuce/Cheese/Salsa /Sour Cream Tortilla Chips Hot Vegetable Happy Birthday Cake!!! Milk	Egg Flower Soup Sweet & Sour Pork Egg Roll Pork Fried Rice Hot Vegetable Wheat Bread Dessert Milk

Monday, July 21	Wednesday, July 23	Monday, July 28	Wednesday, July 30	
Green Salad w/ French Dressing Hot Roast Beef Sandwich Mashed Potatoes Brown Gravy Hot Vegetable White Bread Dessert Milk	Green Salad w/ Creamy Italian Chicken Alfredo Pasta Hot Vegetable Garlic Bread Dessert Milk	Soup of the Day Stuffed Peppers Mashed Potatos w/Gravy Hot Vegetable Dinner Roll Dessert Milk	Fresh Fruit Salad French Toast w/Compote Scrambled Eggs Bacon Maple Bar Milk	