

Malheur Council on Aging Menu Nyssa October 2025

Nyssa Senior Center - 316 Good Ave., Nyssa OR - (541) 372-5660

Lunch is Served from 12:00 pm to 1:00 pm; Seniors 60 & older, no charge; 59 & younger, \$5.00/meal

Thursday, October 2, 2025	Tuesday, October 7, 2025	Thursday, October 9, 2025	Tuesday, October 14, 2025	Thursday, October 16, 2025
Cabbage Salad	Green Salad w/ Dressing	Green Salad w/ Dressing	Taco Soup	Green Salad w/ Dressing
BBQ Pork	Fried Chicken	Sweet & Sour Pork	Soft Beef Tacos	Turkey Noodle Casserole
Steamed Rice	Mashed Potatoes	Fried Rice	Seasoned Beans	Hot Vegetable
Hot Vegetable	Country Gravy	Vegetable Chow Mein	Spanish Rice	Wheat Dinner Rolls
Crescent Rolls	Hot Vegetable	Hot Vegetable	Salsa/Lettuce/Tomato/ Cheese	
Wheat Bread	Biscuits	Clover Leaf Rolls	Flour Tortillas	Happy Birthday Cake!!!!!!
Dessert	Dessert	Dessert	Dessert	
Milk	Milk	Milk	Milk	Milk

Tuesday, October 21, 2025	Thursday, October 23, 2025	Tuesday, October 28, 2025	Thursday, October 30, 2025	
Green Salad w/ Dressing	Green Salad w/ Dressing	Soup of the Day	Cabbage Salad	
Lasagna	Baked Ham	Beef Tips w/ Gravy	Hot Turkey Sandwich	
Hot Vegetable	Scalloped Potatoes	Pasta	Mashed Potatoes	
Mini French Loaf	Hot Vegetable	Hot Vegetable	Turkey gravy	
Garlic Butter	Wheat Bread	Potato Bread	Hot Vegetable	
			Wheat Bread	
Dessert	Dessert	Dessert	Dessert	
Milk	Milk	Milk	Milk	