

# Who we are

ArbeitsLebenZentrum  
im Kreis Minden-Lübbecke e.V.



For nearly four decades, the working life centre in the district of Minden-Lübbecke has promoted the integration of long-term unemployed people into the general labour market in the district of Minden-Lübbecke through a variety of projects.

Through advice, qualification and employment, we open up new opportunities for a sustainable new beginning or return to working and professional life.

The working life centre is supported by the district of Minden-Lübbecke, communities in the district, the Protestant parishes of Minden, Lübbecke and Vlotho, and the DGB (German federation of trade unions) regional district of Herford-Minden.

## Sponsors

**1. Chairman**  
Superintendent  
Michael Mertins

**2. Chairman**  
Ulrich Pock

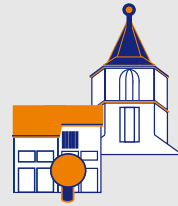
**CEO**  
Stella Gieseler



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32429 Minden  
Telephone: +49 (0)571 505028

[www.alz-minden.de](http://www.alz-minden.de)

# How to find us



**Beratungsstelle  
Arbeit**

Johanniskirchhof 13  
32423 Minden

Telephone: +49 (0)571 82828-0  
Fax: +49 (0)571 8282828-29  
E-mail: [beratungsstelle@alz-minden.de](mailto:beratungsstelle@alz-minden.de)  
[www.alz-minden.de](http://www.alz-minden.de)

## Our opening hours:

Monday – Thursday: 8.30 am – 5.00 pm  
Friday: 8.30 am – 1.00 pm

## Your contacts:

Anke Pott  
Alexander Knost  
Anissia Orto  
Melanie Jucknat  
Britta Drees  
Christina Schmidt

## On our premises in Lübbecke and Espelkamp by arrangement



**Beratungsstelle  
Arbeit**

**Listen**



**Advise**

**Clarify**



**Support**

**Refer**



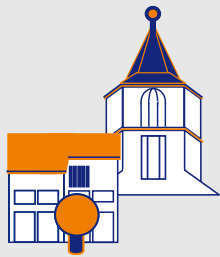
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# Us for you

The **Employment Advice Centre** is the point of contact for unemployed people and employees in insecure employment in the district of Minden-Lübbecke.

From as long ago as 1983 we have provided independent and confidential advice, support and assistance to people who are unemployed or at risk of becoming unemployed, in all matters and life situations that arise as a result of unemployment.

Since 2020 we have also advised employees on their rights arising from German employment law, if their mandatory working conditions have been circumvented. Furthermore, you can also obtain support with writing applications as well using a computer.



**Beratungsstelle  
Arbeit**

# Beratungstermine

Our individual consultations – in person, digitally or by telephone – are available to you with or without an appointment. However, we recommend that you make an appointment in advance on **Tel.: +49 (0)571 828280**.

You can also make a **consultation appointment in Lübbecke or Espelkamp**. A prior appointment is essential in this case.

Consultations in Lübbecke take place on our premises in **Umwelthof Lübbecke** at Bohlenstr. 87.

Consultations in Espelkamp on our premises in **Tafel Lübbecker Land** at Beuthener Str. 2.

If your German language skills are insufficient, personal consultations can be accompanied by a language mediator in your native language.

# Our consultation services

- Support with applying for ALG I unemployment benefit, citizens' benefit (ALG II), social welfare, basic income benefit
- Checking of assessments
- Clarification of the financial situation for you and your family as well as support with applying for additional assistance
- Help on dealing with the administrative bodies
- Information about professional orientation
- Support with applications
- Consultations about your current employment
- Checking your work documents and employment situation
- Information about employment law
- Clarification about conduct in the case of a warning or dismissal
- Explanation of employment protection
- Specific help in the case of acute problems with your employer
- Contact with and referral to further advice services

