Name: _____

Disciple Packet 2 of 6

Confirmation preparation
YouCat & Bible Application

* List and briefly describe the five main types of prayer: (YCT 483-489)

1.
2.
3.
4.
5.

Which of these types do you use most often ?

Which type do you need to use more?

Read YouCat 490: Someone who prays only when he feels like it does not _____

_____

Prayer thrives on faithfulness. *What can you do to be more faithful to prayer?*

The Bible is like a wellspring (abundant flow) of prayer. 'To pray with the Word of God' means to (YCT 491)

_____

What can you do to read scripture more often/daily?

Someone who prays as a Christian steps at that moment out of himself and enters into an _____

_____ in the one God and Lord. Everything that happens, every encounter can become the occasion for prayer. For the more deeply we live in union with God, the deeper we understand the world around us. (YCT 493-494)

Do you talk with God during the day?

Do you listen to Him?

What can you do to better invite God into your daily life?

Name: _____

Prayer Notes

To grow in my relationship with Christ and His Church, I made a commitment to daily prayer.

What is your current daily prayer:

_____

_____

_____

How has this been going?

How many days a week are you meeting your daily goal?

What has been your biggest challenge?

Trying a new Prayer

Attached to this packet is a page on Imaginative Prayer. That page is for you to keep (do not turn it in).

Using Mark 4:35-41 as your passage, practice the steps of Imaginative prayer.

Did you enjoy trying this method of prayer?

Could you picture the scene, feel the rocking of the boat, hear the wind and crashing waves, smell the sea? What did this passage look like for you?

Did you talk and listen to Jesus?

Would you try this type of prayer again?

Any additional thoughts you would like to add:

Name: _____

The seven Capital Virtues, also called the Lively Virtues are: Generosity, Brotherly Love, Meekness, Humility, Temperance, Chastity, and Diligence. These virtues help to combat the 7 deadly sins. We will be focusing on these Virtues during Confirmation preparation. Students need to learn and practice these virtues.

Lively Virtues (Capital Virtues): Meekness

Definition:
Meekness is the virtue that controls resentment at others, and helps us to grow in patience. Through Meekness we are able to remain patient when we are insulted.

Example:
Someone said something mean to me and I was able to just let it go.

LIVE IT! Describe a situation from this month, when you practiced the virtue of Meekness:

Did you feel resentment towards another person as you practiced this virtue?

How did your actions help you to grow in patience?

Read Matthew 5:5 What does Jesus promise to those who are meek?

Which of the 7 Deadly Sins does Meekness overcome? _____

"Nothing is more powerful than meekness. For as fire is extinguished by water, so a mind inflated by anger is subdued by meekness." – St. John Chrysostom

Name: _____

Homily Notes

** A church bulletin must be attached - **ONLY IF YOU DID NOT ATTEND AT CHRIST THE KING or CORPUS CHRISTI** **

From **October 11**

Parish: _____

Pastor: _____

1st Reading: _____

What was the Responsorial Psalm? _____

2nd Reading: _____

Gospel Reading: _____

What color were the vestments? _____ why? _____

Which Sunday Mass was this - of the liturgical year? (not a date) _____

Homily Summary

Please write at least 5 sentences below summarizing the homily you heard.
It may be helpful to take notes during Mass.
If you wish to discuss your summary, instead of writing it, meet with Deb (before the due date)

_____

_____

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Sharing with your Sponsor

Discuss the questions below with your sponsor. You do not need to write a response to the questions below. If you meet in person, your sponsor needs to sign. If you discuss the questions over the phone, then your sponsor needs to email me.

1. Read over the questions together from the YouCat & Bible section and discuss your answers.
2. *Sponsor*: *What is your favorite bible passage? Why is it your favorite? Please share with your candidate.*
3. Tell your sponsor what your daily prayer commitment is and how it has been going so far. How many times each week have you been praying? Discuss any differences you have noticed in your life as a result of your prayers.
4. Discuss virtue, specifically the virtue of meekness. Explain to your sponsor how you recently practiced this virtue.
5. Tell your sponsor about something you learned from Mass for the date given on the Homily notes.
6. Discuss the Corporal and Spiritual Works of Mercy. Candidates, tell your sponsor which works you are turning in with this packet. *Sponsor: How have you recently practiced one of the Corporal or Spiritual Works of Mercy.*
7. This packet introduced Imaginative prayer, discuss what you thought of this.
8. The first Holy Hour is due with this packet. You may have already turned this in. Discuss how your Holy Hour went with your sponsor.
9. Read the pamphlet for the St. Gertrude prayer that is in your Confirmation folder. Discuss what you read and end your discussion by praying the Prayer to *St. Gertrude* for the Holy Souls in purgatory.

After discussing the questions above with your sponsor, please have them sign

Sponsor signature: _____

If unable to sign, or if preferred sponsors may email me at DRE@CTK.DIOLCPARISH.ORG

Praying with your Parent(s)

Once completed, show your parent(s) Disciple Packet #2 and discuss your answers. Tell them how your prayer commitment is going, specifically sharing your successes and struggles (with prayer). As you close your conversation, spend a few minutes in prayer offering up intentions for family member who have passed away. Finish with the prayer to *St. Gertrude*.

I have reviewed Disciple Packet #2 and my child and I have prayed together:

Parent signature: _____

Holy Hour Summary (Holy Hour #1):

Please spend one hour in Adoration. Adoration is usually offered at Christ the King on the First Friday of each month, beginning after morning Mass until 8am the following (Saturday) morning. The perpetual Adoration chapel is always open at St. John the Baptist parish, or you may attend somewhere else Adoration is offered. Please write at least 5 sentences below about your experience and what it meant to you.
As you summarize your time, consider these questions to help you:

Have you spent time in Adoration before?
How did you feel before, during or after your time with Jesus?
Did anything unexpected happen?
**You do not need to answer the questions above, but you may use them to help with this assignment.

**This activity may also be discussed with Deb instead of answering with a written response, but this discussion must take place prior to the due date. **

The Perpetual Adoration Chapel in Marshfield (open 24/7) is located at
St. John the Baptist Parish in Marshfield. The chapel entry is from the back parking lot, but the parking lot is not available during school hours (please park in front of church). Between 10pm and 5am a code is required to enter. Contact Deb if you need the code.

Here is a good article on what to do during adoration.
https://bustedhalo.com/ministry-resources/a-beginners-guide-to-eucharistic-adoration

I spent an hour in Adoration at: _____ on _____

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