

movers of mountains



MUSTARD SEED COMMUNITY HEALTH

Mustard Seed Annual Dinner

Tuesday, October 13

Barber Park Events Center

5:30pm | Registration opens

6:30pm | Program begins

Rooted in community.

Growing for good.



Sponsorship Information



Mustard Seed Community Health

Empowering Our Community with Good Health

2026 Movers of Mountains Sponsorship Opportunities

Mountain Mover \$10,000 - Westminster Presbyterian Church

Exclusive Lead Sponsorship

- Corporation logo prominently displayed as top-level sponsor on Mustard Seed website and on all promotional materials, signage, and programs at the event
- Four customized posts and reels on social media sites before the event
- Company recognized on WFDD during rush hour the week before the event
- Head table with company logo displayed at event and complimentary dinner for ten guests
- Table with company banner and marketing materials in the registration and buffet area
- Recognized during the event from the podium
- Recognition gift/plaque
- Table at event (10 tickets for guests)

Healthcare Hero \$5,000

- Logo in secondary position on website and on all materials, signage at the event, and on each table
- Logo and recognition posts on social media
- Table at event (10 tickets for guests)

Wellness Warrior \$2,000

- Listed on poster, table, social media
- Table at event (10 tickets for guests)
- Listed in program

Community Champion Table Host \$1,000

- Name on table
- 2 Tickets to the event
- Listed in program

Community Engager \$500

- Listed in program

To become a sponsor, contact:

Christine Odom Ringuette
Mustard Seed Community Health
Executive Director

336.805.7131

chris.ringuette@mustardseedhealth.org

2026 Movers of Mountains

Sponsorship Commitment Form

Organization information

Company name (as you'd like us to list it on event materials): _____

Company mailing address: _____

Company website: _____

Primary contact name/title: _____

Primary contact phone: _____ Primary contact email: _____

Billing contact name and email: _____

If your sponsorship package includes a company logo, please provide the marketing contact who will provide the file:

Marketing contact name and email: _____

SPONSORSHIP LEVELS

Healthcare Hero \$5,000-\$9,999

Community Champion Table Host \$1,000-\$1,999

Wellness Warrior \$2,000-\$4,999

Community Engager \$500-\$999

Gift Information

Gift Amount: \$ _____

Payment method

Check enclosed (please make checks payable to "Mustard Seed Community Health")

Please charge the full amount to our credit card:

Card number: _____ Exp date: _____ CVV: _____

Name of cardholder: _____ Billing zip code: _____

Please invoice us. (If you have a separate billing contact, please let us know above.)

This gift is a pledge, payable by December 31, 2026. (We'll send a reminder in July 2026 and Nov 2026).

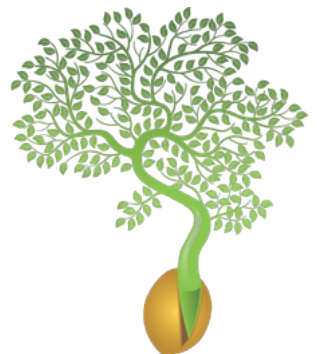
We plan to pay in installments. Details: _____

Mail this form and your check: 238 S. English Street, Greensboro NC 27401

Make your secure payment online: www.mustardseedhealth.org/MOM

Questions? Call Chris: 336.805.7131

or email: chris.ringuette@mustardseedhealth.org



Thank you for your support!



Featured Speaker: April Cook

As a proud fourth-generation North Carolinian with family roots in Montgomery County, April Cook has called Concord home for over 30 years. She raised her family in Cabarrus County and has spent her life grounded by faith, community, and service.

For more than two decades, April has put those values into action as Co-Founder and Executive Director of the Lake Norman Community Health Clinic, where she helped thousands of uninsured North Carolinians access affordable, quality care. While leading the clinic she co-founded, April also served on the Board of the NC Association of Free and Charitable Clinics (NCAFCC) for 10 years, including two as Board Chair.

In 2022, April was named CEO of the NCAFCC, where she now represents and advocates for all free and charitable clinics across North Carolina—continuing her lifelong mission to ensure that no one goes without care.

From volunteering at local churches to leading mission trips in Guatemala and Haiti, April's dedication to service has always extended beyond herself. Recognized with honors like the Charlotte Business Journal's Excellence in Healthcare Award and Business Today's Top Women in Business, she's proven what compassionate, hands-on leadership looks like.

April is running for North Carolina Senate District 34. She joins us to talk about how we can respond to our current political and policy environment to continue to provide access to high quality community healthcare.





Mustard Seed Community Health Key Staff

Dr. Beth Mulberry, Founder & Medical Director

Beth Mulberry, M.D., obtained her B.A in Biology at Illinois Wesleyan University and her M.D. at the University of Illinois College of Medicine at Peoria. Following completion of her combined residency in Internal Medicine and Pediatrics, Beth worked in the bush of Alaska at Yukon Kuskokwim Delta Regional Hospital in Bethel. Her colleagues and the community of Y'upik Eskimo people they served helped her discover her ultimate objective: to one day provide holistic care so that the patients she served could live in a healthy environment and pursue their dreams. Beth later cared for people on the coast of Oregon until marrying her husband, Earl Wang, and moving to the Greensboro, NC area, where she worked first for Eagle Physicians and then at HealthServe, caring for the underserved in Guilford County.



In early 2013, Beth and others began meeting at Congregational United Church of Christ to form the nonprofit and community health home that ultimately became Mustard Seed Community Health. In January of 2016 Mustard Seed opened at its current site to provide daily integrated primary medical and behavioral healthcare in the east Greensboro neighborhood of Cottage Grove, and to work with the community and other support agencies to address our community's health from a holistic point of view. Beth has served as the primary care medical provider and medical director at Mustard Seed Community Health since its inception.

Christine Ringuette, Executive Director

Christine Ringuette is a seasoned nonprofit leader and strategist with more than 15 years of executive experience strengthening organizations, expanding programs, and building community.

Throughout her career, Christine has held leadership positions with respected organizations including

Greensboro Urban Ministry, Dress for Success Winston-Salem, Habitat for Humanity of North Carolina, and Habitat for Humanity International; she also served as CEO of Habitat for Humanity Valley of the Sun in Phoenix. Her work has spanned local, state, national, and international levels, with impact ranging from building affordable housing in Arizona to cultivating global partnerships in more than 20 countries.



A graduate of Wingate University with a degree in Communications and Public Relations, Christine also completed executive education at Harvard Business School. She has been honored with multiple awards, including Wingate University's Outstanding Alumni Award and Habitat for Humanity's Excellence in Strategic Partnerships award.



Our Mission

Mustard Seed Community Health provides high quality, holistic, integrated healthcare to those in need, in an environment that dignifies and empowers the whole person.

Our Vision

We will live in a healthy community where all have access to quality healthcare, and Individuals, families, faith communities, service organizations, foundations, and businesses partner together for the common good.



Our Approach

We care for the whole person in their community, addressing healthcare needs alongside the environmental factors that influence health and well-being. We are active in our community and depend on the individuals and businesses in our community to support our work.

Learn more on our website: www.mustardseedhealth.org

Frequently Asked Questions

Who is eligible to receive care?

Services are available to residents of the Cottage Grove neighborhood, and to adults and children anywhere in Guilford County without insurance and living at or below 200% of the federal poverty level.

What services are available?

- Basic urgent medical care for health concerns such as acute illnesses, cuts and burns, fractures, or other medical issues needing prompt attention
- Screening and treatment of anxiety, depression, and bipolar disorder and other behavioral health concerns
- Continuity of care for chronic diseases such as diabetes mellitus, hypertension, seizure disorders, and asthma
- Complete physical exams for adults and adolescents, with routine screening for STDs, HIV, and chronic viral hepatitis (B & C)
- Complete physical exams for children including sports physicals, well-child exams, and routine immunizations

What is the impact of our care?

We're making a difference! Our team's whole-person approach helps our patients address everything that affects their health and well being, whether it's emotional stress, poor housing, or lack of access to healthy food. All of Guilford County benefits from a healthier, happier community.

What is the average cost of a visit to the patient?

Patients pay a modest fee (usually \$20) for a visit to Mustard Seed. Patient fees cover about 23% of our annual budget. Community donors provide the resources to support the rest of our budget.

How is Mustard Seed expanding access to care?

Cuts to Medicaid and SNAP (food stamps) at the federal level will affect thousands of North Carolinians who may lose access to benefits they've long relied on. We're scaling up to meet the need by moving to a larger building in the Glenwood neighborhood in late 2026. We plan to purchase a van to ensure Cottage Grove residents can still visit us in our new location (about 3 miles away). We have plans to add a second physician and other clinical staff so we can reduce the time on our waiting list and see more people in need of care.

Learn more about our work & sign up for updates on our website:

www.mustardseedhealth.org