

Mustard Seed Community Health



Empowering Our Community with Good Health



2025 IMPACT

Report to the Community

238 S. English Street
Greensboro, NC 27401

www.mustardseedhealth.org



Our Mission

Mustard Seed Community Health provides high quality, holistic, integrated healthcare to those in need, in an environment that dignifies and empowers the whole person.

Our Vision

We will live in a healthy community where everyone has access to quality healthcare. Individuals, families, faith communities, service organizations, foundations, and businesses will partner together for the common good.

What we Value

- Holistic Care
- Diversity
- Respect for all individuals
- Community partnerships
- Professionalism
- Stewardship

Our Approach

We serve neighbors who are insured or underinsured. We care for the whole person, addressing healthcare needs alongside the environmental factors that influence health and well-being. We are active in our community and partner with individuals and businesses in our community to support our work.

Contact Us!

- For an Appointment (336) 763.0814
- For Non-Medical Calls (336) 805.7131
- Email chris.ringette@mustardseedhealth.org

Celebrating our **2025 Impact**

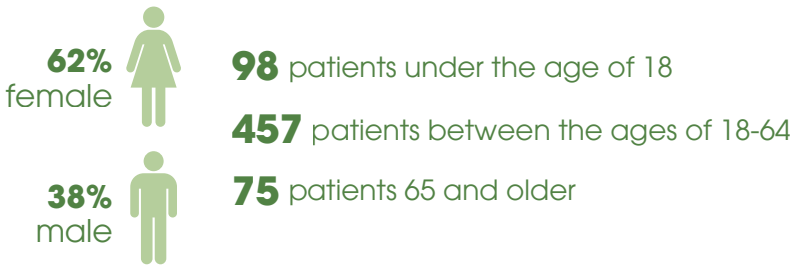


- **630** patients seen in our clinic
- **3,255** service visits completed
services include clinical exams, lab visits, follow ups, and counseling sessions



patient ages ranged from

4 days old to **91 years** old



Our clinic staff completed **205** referrals



The **Health Outreach Team** assisted **127** households in addressing Social Determinants of Health. This includes help with *Food * Transportation *Employment *Safe and Stable Housing *Education & more.

With our community partners, we offered classes and education to patients on the topics of:

- Healthy Cooking
- Art Therapy
- Nutrition
- Domestic Violence



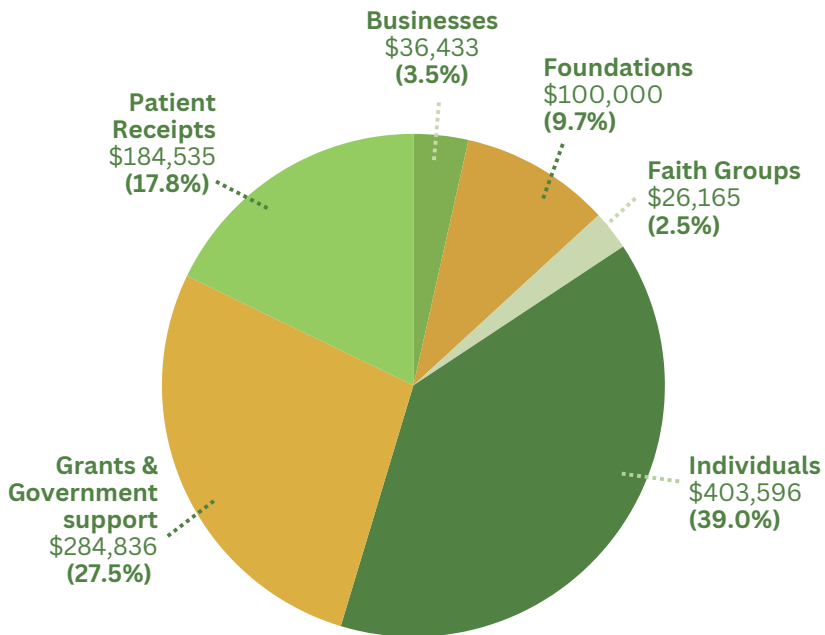
An average of **530** households accessed healthy food at our on-site food pantry or through our monthly "pop-up" food markets



Statement of Financial Position

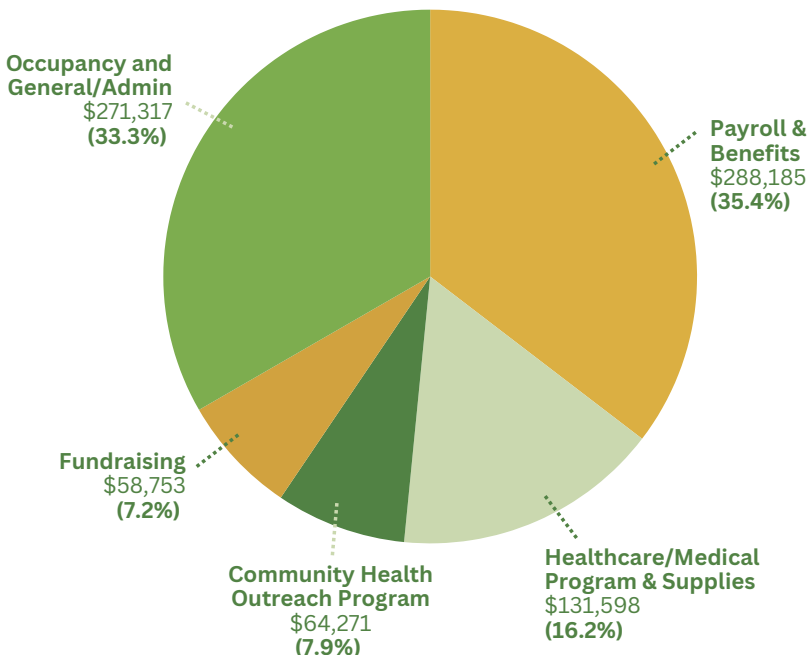
Fiscal Year 2025

Revenue and Support



- 🌿 An additional **\$83,000 in restricted funds** were raised in 2025 toward our expansion project and the purchase of a new van.
- 🌿 The approximate value of *donated* medications, lab work, physical therapy, and goods needed by our food pantry for 2025 was \$736,162.45.

Expenses



- 🌿 Our occupancy expenses include rent in three spaces - our clinic, administrative offices, and community health space. In 2026 this will change to one mortgage payment.
- 🌿 Our 990 tax returns and audited financials are available on our website (mustardseedhealth.org) or upon request.

Medical Services

- Acute Care
- Primary Care
- Chronic Care
- Preventative Care
- Ancillary Services
- Vaccinations



75%

OF PATIENTS ARE UNINSURED

The majority of patients live at or below
200% of the Federal poverty level



Behavioral Health

- Crisis Intervention
- Psychotherapy
- Case Management

The Mustard Seed Team

Staff

Dr. Beth Mulberry

Medical Director and Founder

Joanne Martin

Certified Medical Assistant

Brenda Serna-Ramirez

Clinic Receptionist/Interpreter

Sara Beth Trogdon

Licensed Clinical Social Worker

Christine Ringuette

Executive Director

Estefania Alfaro Ruiz

Chief Operations Manager

Stephanie Staley

Director of Community Engagement

Courtney Stanton

Case Manager

Kim Westermann

Donor Relations Manager

Board of Directors

Justin Outling, Chair

Brooks Pierce Law Firm

D. Renee Norris, Secretary

UNCG Center for Housing

Elbia Altamirez

Guilford County Public Health

Anna Blanchard

Affordable Housing Management

Theresa Byrd

Community Volunteer

Jared Cooper

Cone Health

Satta M. Sedi-Johnson

Family Services of The Piedmont

Julie Childers

Physician

Marika Baptist, Vice Chair

Medical Practice Coach

Irene Kyere, Treasurer

Southern First Bank

Michie Dew

Retired Psychologist

Deborah Fields

Retired Physician

Cindy Higgins

Westminster Presbyterian Church

Connie Leeper

Community Foundation of
Greater Greensboro

Len Nyland

Retired Physician

Stacey Rubain

Attorney

Support our mission



Ways to give

- 🍃 Make a gift to our annual fund - mail a check or give a secure gift online
- 🍃 Donor Advised Funds (DAF) - direct funds from your DAF to Mustard Seed Health
- 🍃 Give stock - Donating stocks, bonds, or mutual funds that have appreciated over time can be significantly more tax-efficient than giving cash
- 🍃 Qualified Charitable Distributions (QCDs) - If you are 70 1/2 years old or older, you can give up to \$100,000 per year from your IRA directly to Mustard Seed Health
- 🍃 Planned giving - include Mustard Seed in your estate plans and join our legacy giving society, The Mulberry Society
- 🍃 Donate groceries - Help us keep our food pantry stocked with healthy items. Check our website for updated wishlists.

Scan this QR Code to make a secure gift on our website:



Mustard Seed's
EIN: 46-4980081