

# SEPTEMBER 2025 at Springfield



September	
Monday 1 <sup>st</sup> PM	Join Charlotte to make some beautiful tissue paper flowers this afternoon from 2pm.
Tuesday 2 <sup>nd</sup> PM	2pm: Nikhil from RISE will be here for 45 mins of seated sports, promoting health & wellbeing through meaningful activities.
Wednesday 3 <sup>rd</sup> AM	Religious Service from 11.30am with Rev Mike from St Andrews Church in the front lounge- ALL WELCOME
PM	Charlotte will host a Big Quiz this afternoon, a crossword and even try some tongue twisters.
Thursday 4 <sup>th</sup> PM	2.30pm- Enjoy some balloon modelling antics before our Mad Hatter's Tea Party at 3pm. Come and Join the Mad Hatter & Alice in Wonderland to Raise Money for MacMillan Cancer Support.
Friday 5 <sup>th</sup>	Join Palma for her monthly Boxercise Class this afternoon in the conservatory or garden perhaps from 2pm. Get that blood pumping!
Saturday 6 <sup>th</sup> & Sunday 7 <sup>th</sup>	
Monday 8 <sup>th</sup> PM	Join Charlotte for some colourful scrapbooking. Let's use some old magazines, newspapers & photos.
Tuesday 9 <sup>th</sup> PM	Join Clare & Nev from 2pm for an afternoon acoustic sing along in the lounge. All welcome!
Wednesday 10 <sup>th</sup> AM	Hairdressing appointments available with Sharon from 9.30am Chair Yoga at 11.15 with Shim – Front Lounge
PM	Join Charlotte for a game of Monopoly at 2pm in the conservatory.

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Thursday 11 <sup>th</sup> PM	<b>Luncheon</b> with Charlotte and an afternoon of board games
Friday 12 <sup>th</sup> PM	<b>Interactive Quiz this afternoon- On the Big Screen in the front lounge from 2pm.</b>
<b>Saturday 13<sup>th</sup> &amp; Sunday 14<sup>th</sup></b> Join Charlotte on Sunday for Luncheon from 12.30pm	
Monday 15 <sup>th</sup> AM	<b>1-1 Aromatherapy with Tasha</b>
PM	<b>Join Charlotte for an afternoon Puzzle and Big Screen Quiz at 3pm with a cup of tea and cake.</b>
Tuesday 16 <sup>th</sup> PM	<b>Beth Sherburn is back to perform for us at 2pm in the lounge. Enjoy some favourite &amp; familiar songs</b>
Wednesday 17 <sup>th</sup> PM	<b>International Dot Day- try some Aboriginal Dot Art from 2pm</b>
Thursday 18 <sup>th</sup> PM	<b>Luncheon</b> with Charlotte in the conservatory 12.30pm <b>Mexican Independence Day- we shall have a go with a Pinata this afternoon. Who's got a good aim to win some sweet treats?</b>
Friday 19 <sup>th</sup> PM	<b>Celebrating County music this afternoon with some music and an old style western ...Yeehaw!</b>

<b>Saturday 20<sup>th</sup> &amp; Sunday 21<sup>st</sup></b>	
Monday 22 <sup>nd</sup> PM	<b>Seated Tai Chi</b> at 2pm with Charles followed by a game of Bingo
Tuesday 23 <sup>rd</sup> PM	<b>National Pepperoni Pizza Day</b> - A slice of Pizza for supper tonight
Wednesday 24 <sup>th</sup> AM	<b>Hairdressing appointments available with Sharon from 9.30am</b> <b>Chair Yoga</b> at 11.15 with Shim – Front Lounge
PM	It is National Indoor Plant Week- Help plant some Succulents to brighten up the tables and the window ledges in the conservatory.
Thursday 25 <sup>th</sup> PM	<b>Luncheon</b> with Charlotte 2pm: Nikhil from RISE will be here for 45 mins of seated sports, promoting health & wellbeing through meaningful activities. <b>National Astronomy Day- Join Charlotte after Tea at 3pm to make some Galaxy Watercolour pictures.</b>
Friday 26 <sup>th</sup> PM	<b>Movie Friday – Relax with some popcorn ....</b>
<b>Saturday 27<sup>th</sup> &amp; Sunday 28<sup>th</sup></b> Join Charlotte on Sunday for Luncheon from 12.30pm	
Monday 29 <sup>th</sup> PM	<b>Baking this afternoon with Charlotte – Some delicious Shortbread biscuits to enjoy with afternoon tea at 3pm.</b>

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Tuesday 30<sup>th</sup> PM

Silent Movie Day- Do you remember Charlie Chaplin starring in The Bank and The Kid?



Don't forget we have regular PAT DOG & CANINE COMPANION visits from Monty, Benji & Tess throughout the week.



We are raising money for MacMillan Cancer Support in our own version of the charity coffee morning. We will host our annual Mad Hatter's Tea Party on Thursday 4th September from 3-5pm - Come and enjoy a cup of tea and slice of cake with friends and family and don't forget your silly hat!

## Dates for your Diary:

**Friday 31<sup>st</sup> October 5pm-7pm**

**Halloween Party**

**Saturday 6<sup>th</sup> December 4-7pm**

**Christmas Party with Musical entertainment from 4.30pm**