## **November 2025 at Springfield**



Friday October- 31 <sup>st</sup> - Halloween – All Hallow's Eve					
Saturday 1 <sup>st</sup> November	ALL SAINTS DAY				
Sunday 2 <sup>nd</sup>					

Monday 3 <sup>rd</sup> PM	Join Charlotte for some painting of firework pictures this afternoon. Get				
·	creative with all the bright colours and some sparkle!				
Tuesday 4 <sup>th</sup> AM	1:1 Aromatherapy Massage visits with Tasha				
PM	Keith Goodall will be here to perform for us, come and sing along				
Wednesday 5 <sup>th</sup> AM	Remember, remember the 5th of November				
	-Holy Communion from 11.30am in the front lounge -All welcome-				
PM	Join Charlotte to bake some crunchy orange flavour biscuits this				
	afternoon. We can dip them in chocolate & enjoy.				
Thursday 6 <sup>th</sup> PM	2pm: Nikhil from RISE will be here for 45 mins of seated sports,				
	promoting health & wellbeing through meaningful activities				
Friday 7 <sup>th</sup> PM	Palma will be here for a seated Boxercise Class this afternoon in the				
	conservatory- All abilities welcome- a way to keep our joints moving.				
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Saturday 8<sup>th</sup> & Sunday 9<sup>th</sup> Charlotte will hold her fortnightly Sunday Luncheon



Remembrance Sunday 11am
We shall watch the service from the Cenotaph in London

Monday 10 <sup>th</sup> PM	Join Charlotte for a game of cards, a quiz & board games with the Monday Club 2pm		
Tuesday 11 <sup>th</sup> AM	Armistice Day		
PM	Let's create some poppy art this afternoon in the front lounge		
	with a relaxing cup of tea & a slice of cake.		
Wednesday 12 <sup>th</sup> AM	Hairdressing with Sharon from 9.30am		

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PM	Join Charlotte for a game of Flip Dice or Snakes & Ladders.					
	Bring back those memories of childhood fun!					
Thursday 13 <sup>th</sup> PM	Arts & Crafts this afternoon – Charlotte will host a painting party from					
	2pm in the conservatory. Help create a beautiful set of Russian Dolls.					
Friday 14 <sup>th</sup> AM	Dawson Reminiscence Talks this morning from 11.30am – A trip down					
	memory lane with some music & imagery on a chosen topic.					
Saturday 15th & Sunday 16 <sup>th</sup>						
Monday 17 <sup>th</sup> PM	<b>2pm: Seated Tai Chi this afternoon with Charles.</b> Followed by the					
	Monday board games club with Charlotte in the lounge.					
	1:1 Aromatherapy Massage visits with Tasha					
Tuesday 18th PM	Movie afternoon Popcorn and some chocolate nibbles perhaps					
Wednesday 19th AM	Chair Yoga at 11.15 with Shim					
	Gentle seated exercises in the front lounge					
PM	November is "Native American Month"- Let's create a tradition					
	dream catcher. The hoop symbolises strength & unity.					
Thursday 20 <sup>th</sup>	Dale Barratt- Our visiting Foot Care Practitioner available today.					
AM	Chiropody from 9am- all day.					
PM	Beth Sherburn is back to perform for us again some wonderful sing					
	along favourites, easy listening & some tunes from the movies!					
Friday 21 <sup>st</sup>	Afternoon BIG Screen Quiz in the front lounge from 2pm					
Saturday 22 <sup>nd</sup> & Sunda	y 23 <sup>rd</sup> Charlotte will hold her fortnightly Sunday Luncheon					
Monday 24 <sup>th</sup> PM	Join Charlotte for some BINGO & shut the box from 2pm					
Tuesday 25 <sup>th</sup> PM	"National Cake Day" Let's have a picture quiz and Pudding A-Z. What is					
	your favourite flavour? Perhaps a cake tasting session at 3pm.					
Wednesday 26 <sup>th</sup> AM	Hairdressing with Sharon from 9.30am					
PM	Only 28 days until the big day Feeling Festive? Join Charlotte to					
	make some Christmas cards this afternoon					
Thursday 27 <sup>th</sup> PM	Join Charlotte for some cards & complete a group puzzle over a cup of tea.					
Friday 28th	Scottish themed quiz and some shortbread ahead of the					
	weekend to celebrate St Andrews Day.					
Saturday 29 <sup>th</sup> & Sund	lay 30 <sup>th</sup> Saint Andrews Day					

Sat 6<sup>th</sup> December 4-7pm
Residents & Relatives
Christmas Party with
Musical entertainment
All Welcome!

