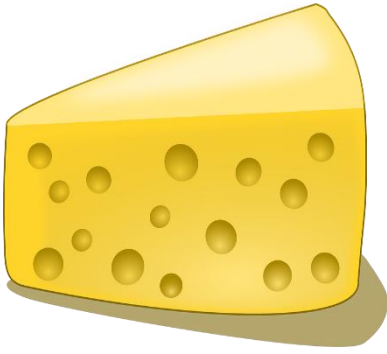


June 2026 at Springfield



Monday 1 st JUNE PM	Join Charlotte for an afternoon of Arts & Crafts. Why not try your hand with some clay and our pottery wheel.
Tuesday 2 nd PM	Tasha will be here with individual aromatherapy massage visits 1:1
Wednesday 3 rd AM	Hairdressing appointments with Sharon from 9.30am – Church Service from 11.30am in the front lounge- All Welcome-
PM	We hope to enjoy the afternoon in the sunshine with some garden games. A glass of iced tea perhaps & some fresh fruit.
Thursday 4 th AM	RISE are back this morning at 11.20 am with an hour of wellness for your mind and body. A mixed class for all abilities in the front lounge. Charlotte will host Luncheon from 12.30pm
PM	National Cheese Day- Let's try some different cheeses from around the world and a cracker or two. Enjoyed with a glass of wine.
Friday 5 th PM	Friday Afternoon Exercise with Palma from 2pm ... get that blood pumping with seated Boxercise & seated mobility exercises.
Saturday 6 th & Sunday 7 th	Charlotte will be here to host Sunday Luncheon from 12.30pm

Monday 8 th PM	Join Charlotte for an afternoon of games, dominoes and some BINGO!
Tuesday 9 th PM	Dave Mac is back with us again – Sing along afternoon from 2pm Tasha will be here with individual aromatherapy massage visits 1:1
Wednesday 10 th AM	Chair Yoga at 11.15 with Shim Gentle seated exercises in the front lounge
PM	It's Quiz Time! Get those cogs ticking!! With Charlotte from 2pm
Thursday 11 th PM	Join Charlotte in the garden for an "English Afternoon Tea"
Friday 12 th PM	11.30am Dawson Talks with a topic of discussion & interactive reminiscence activity in the front lounge. All Welcome
Saturday 13 th - Sunday 14 th	Trooping the Colour – live from Horse Guards Parade Enjoy the flypast after lunch and everything in between.
Monday 15 th PM	Join Charlotte for an afternoon of Jigsaws & Puzzles to test your skills!
Tuesday 16 th PM	Beth Sherburn will be here to perform for us at 2pm. Come and sing along to some well-known favourites in the conservatory.

June 2026 at Springfield

Wednesday 17 th AM	Hairdressing appointments with Sharon from 9.30am
PM	<i>Sing -Along this afternoon with Charlotte's June Jukebox!</i>
Thursday 18 th AM	RISE are back this morning at 11.20am with an hour of wellness for your mind and body. A mixed class for all abilities in the front lounge. Charlotte will host Luncheon from 12.30pm
PM	<i>Join Charlotte for an afternoon quiz. Relax in the garden perhaps?</i>
Friday 19 th PM	It's Friday! Let's settle down for a movie this afternoon with popcorn and some chocolate nibbles...
Saturday 20th & Sunday 21st	
Charlotte will be here to host Father's Day Luncheon from 12.30pm	
Monday 22 nd PM	Let's try our very own "Springfield Countdown" this afternoon ...with Charlotte from 2pm in the conservatory or garden if it's warm.
Tuesday 23 rd PM	Join Keith for some MUSICAL BINGO – 2pm in the front lounge... Bingo dabbers at the ready! You can sing along too....
Wednesday 24 th AM	Chair Yoga at 11.15 with Shim <i>Gentle seated exercises in the front lounge</i>
PM	<i>Join Charlotte for some arts and crafts this afternoon to celebrate the Summer Solstice. Water colour -Sunrise over Stonehenge perhaps?!</i>
Thursday 25 th PM	An afternoon in the garden – conversation over a cuppa & cake!
Friday 26 th	It's National Cream Tea Day! Any excuse to enjoy a scone. But is it jam or cream first? Strawberry or Raspberry jam?
Saturday 27th & Sunday 28th	
Monday 29 th PM	The start of WIMBLEDON CHAMPIONSHIPS 2026 <i>How about a game of balloon tennis?</i> <i>We could also decorate some tennis themed biscuits!</i>
Tuesday 30 th PM	Enjoy a glass of bubbles & some Strawberries and Cream this afternoon in true Wimbledon Style!... BALLS PLEASE!!

Don't forget!

***2-5pm Garden Party
Musical Entertainment***

BBQ

Saturday 15th August

All welcome

If you have any donations of new or unwanted gifts suitable for our tombola. Please drop them into the office.

Thank you

May 2023 at Springfield