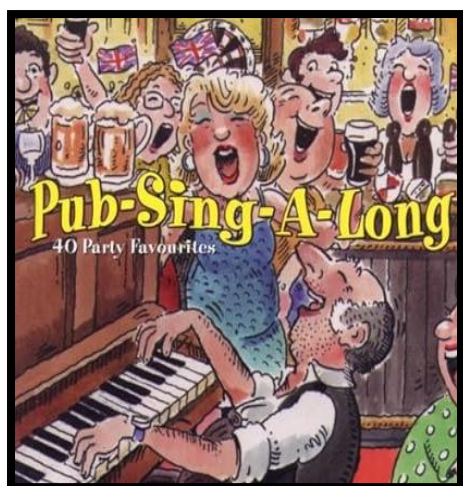


April 2026 at Springfield



Wednesday 1 st AM APRIL FOOL'S DAY!	Communion Service from St Andrews Church this morning 11.30am in the front lounge. All welcome
PM	Join Charlotte to plant some spring flowers this afternoon in the conservatory from 2pm.
Thursday 2 nd PM	It is "World Autism Awareness Day" – We will be creating some Rainbow themed arts and crafts this afternoon.
Friday 3 rd PM GOOD FRIDAY	Join Palma for an active afternoon. A seated boxercise class, come along & join in some stretching, co-ordination & fun! <i>Enjoy some delicious Hot Cross Buns at 3pm with afternoon Tea</i>
Saturday 4th & EASTER SUNDAY 5th Charlotte will host Easter Lunch from 12.30pm	
Monday 6 th PM	Bank Holiday- Easter Monday – Join Charlotte for a quiz this afternoon followed by a slice of Simnel Cake and some Easter eggs....
Tuesday 7 th PM	Dave Mac is back to entertain us from 2pm in the conservatory
Wednesday 8 th AM	Hairdressing with Sharon from 9.30am 2pm- Seated Tai Chi with Charle- A session for body & mind.
PM	Charlotte will host an afternoon of boardgames from 2pm
Thursday 9 th AM	RISE are back this morning at 11.15am with an hour of wellness for your mind and body. A mixed class for all abilities in the front lounge.
PM	<i>Get ready for the Grand National this weekend. Lets take a look at the runners and maybe some horse racing trivia!</i>
Friday 10 th AM	Dawson Talks- An interactive reminiscence session about a chosen topic with music & images on the big screen 11.30am
Saturday 11th & Sunday 12th <i>Grand National SATURDAY 4pm- Place Your Bets!</i> <i>Sunday: Marie is running the BRIGHTON MARATHON TODAY!!!!</i>	
Monday 13 th AM	1-1 Aromatherapy visits today – Time to relax and unwind
PM	Animal Therapy Session with Bromwell's this afternoon – a visit from some small fluffy and furry friends from 2pm. All welcome

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Tuesday 14 th PM	PAMPER AFTERNOON —Sit back and unwind with a hand massage, some essential oils and relaxing music.
Wednesday 15 th AM	Chair Yoga at 11.15am with Shim. Gentle seated exercises to keep us moving.
PM	Join Charlotte- It's World Art Day- Paint some bird feeders and mini bird houses to display in the garden for our feathered friends.
Thursday 16 th PM	Charlotte will host Luncheon from 12.30pm in the conservatory. Join us to make some edible Easter baskets this afternoon. From 2pm in the conservatory. A little chocolate treat!
Friday 17 th PM	A catch up with some favourite TV classics- What is your favourite sitcom? Or maybe we can enjoy some wildlife action with David Attenbrough?
Saturday 18th & Sunday 19th Charlotte will host Sunday Lunch from 12.30pm	
Monday 20 th PM	Charlotte will host her weekly Monday Club from 2pm- All welcome
Tuesday 21 st PM	Let's play some BIG SCREEN GAMES this afternoon in the lounge
Wednesday 22 nd AM	Hairdressing with Sharon from 9.30am
PM	It is "International Tea Day" Taste some teas from around the world from our fabulous Fortnum & Mason Collection. Enjoy them with a scone, jam & cream
Thursday 23 rd PM	St George's Day- Enjoy a lovely beef wellington lunch & then join Charlotte to make some St Georges Day flags with some arts & crafts.
Friday 24 th PM	A quite Movie afternoon - perhaps something with an Easter theme... with popcorn & nibbles at 2pm
Saturday 25th & Sunday 26th	
Monday 27 th PM	Charlotte will host her weekly Monday Club from 2pm- All welcome
Tuesday 28 th	Tipple Tuesday! Steve R – Pub sing along with his piano, and some bar snacks this afternoon from 2pm. Come and join in!
Wednesday 29 th AM	Chair Yoga at 11.15am with Shim. Gentle seated exercises to keep us moving.
PM	It's BINGO TME!! Join Charlotte this afternoon from 2pm before a cup of tea and delicious cake.
Thursday 30 th PM	Get Baking this afternoon: Create some lovely Spring inspired fairy cakes and enjoy with a cup of tea once all the hard work is done!

