



Turning Point Academy

Hants Lane, Ormskirk, West Lancashire, L39 1PX

01695 227690

Principal – Mike Marshall

24th February 2026

Dear Parents and Carers,

Turning Point Academy – RSHE Consultation Summary (Years 3–11)

We are updating our Relationships, Sex and Health Education (RSHE) curriculum for 2025/26 and want your views. This update ensures our teaching is age-appropriate, inclusive, and fully aligned with new statutory guidance coming into effect September 2026.

What RSHE Covers at TPA:

- Healthy relationships: friendships, family, romantic and online relationships
- Consent and boundaries: recognising and respecting personal limits
- Puberty and sexual development: changes to the body, hygiene, and emotional wellbeing
- Sexual health: reproductive health, contraception, STIs, pregnancy, and safe decision-making
- Online safety and personal safety: managing online risks, avoiding exploitation, and understanding media influences
- Respect and equality: protected characteristics, diversity, anti-bullying, and British Values
- Life skills: decision-making, resilience, assertive communication, and critical thinking

What's New in the 2025/26 Update:

- Focus on safeguarding: addressing misogyny, violence against women and girls (VAWG), sexual harassment, and exploitation
- Enhanced online safety teaching: sexting, pornography, deepfakes, online pressures, and risk awareness
- Skills-based learning: decision-making, resilience, assertiveness, and critical thinking
- Continued inclusion for SEN/D learners: differentiated teaching, visual supports, and practical learning methods

How We Teach:

- RSHE is taught as part of the PSHE curriculum (2 lessons per week)
- Some topics also appear in science and RE

Email - enquiries@turningpointacad.co.uk

Website - www.turningpointacad.co.uk



- Lessons are adapted for SEN/D pupils, building on prior knowledge and development
- Lessons are carefully planned, sequenced and consider learner's age and stage of development
- Additional support is available for pupils who find topics challenging

Parental Involvement:

- You can review curriculum overviews, ask questions, and provide feedback
- You have the right to withdraw your child from sex education topics, but not from Relationships Education, Health Education, or the science curriculum
- We will discuss any withdrawal requests with you and, where appropriate, your child

We want to ensure that our RSHE curriculum supports your child's safety, wellbeing, and confidence, while giving them the knowledge and skills to navigate life now and in the future.

Next Steps:

- Consultation materials and curriculum overview will be shared shortly
- Opportunities for meetings, questions, and feedback will be provided

Thank you for your support and partnership.

Hannah Griffiths
Assistant Principal

Email - enquiries@turningpointacad.co.uk
Website - www.turningpointacad.co.uk

