## MASSILLON RECREATION CENTER FACILITY RULES

## **GENERAL RULES**

- Youth ages 7 and under must be accompanied at all times by an adult throughout the facility.
- Youth ages 8 10 must have an adult present in the facility at all times.
- All patrons must be dressed with appropriate attire within the facility.
- Shoes and shirts must be worn at all times in common areas.
- Swim suits must be covered up at all times in common areas.
- Alcohol, weapons, chewing gum and/or tobacco products are prohibited in the facility
- We reserve the right to perform a physical baggage search of any items brought into the facility.
- Food and drinks must be consumed in lobby area only. Water and sports drinks in closed containers are permitted throughout the building.
- Solicitation within the building is prohibited.
- · Loitering is prohibited.
- Foul language is prohibited in the facility and may be cause for removal.
- Lost and found item information is located at the front desk.
- Items are disposed of the 1st of each month.
- Locks must be removed by closing time daily unless a locker is rented.
   The MPRD reserves the right to remove locks and items from lockers if a locker is not rented.
- The MPRD is not responsible for lost, stolen, or damaged items. It is strongly recommended that you lock up your items or leave them in your car.
- The MPRD reserves the right to ask to see a membership card/day pass at anytime or revoke a membership/ day pass at anytime.
- No animals in the facility with the exception of service animals.
- Cell phone use is restricted to the hallways and lobby only.

#### **ENTIRE AQUATICS AREA RULES**

- Swimmers are encouraged to take soap showers before entering the pool.
- We do not restrict access to our aquatic facilities because someone lacks commercial swim suits. Clean, non-see through, appropriate coverage of private parts (see rules) is accepted. Customers who wear full coverage clothing or t-shirts for religious, cultural, medical, or modesty will be allowed in the shallow areas of the pool (currently all of the areas of our pool). They may not use any slide for their safety.
- Children 4 and under must be within arms reach of an adult in a swim suit at all times.
- Children 7 and under must be accompanied by a parent or guardian.
- No street shoes or strollers on deck.
- Long hair should be tied back with a nonmetal clip.
- Children may use the lap pool during lap swim <u>only</u> if they can swim one length unassisted.
- No running on deck.
- No pushing, shoving or rough play.
- Persons with infections, contagious diseases, open sores, colds or the flu are not permitted in the pool.
- No diving in any of the pools.
- Pool breaks will be 10 minutes before the hour, every hour.
- Adults 18+ only may enter pools during the breaks.
- Lap pool swimmers must circle swim (counterclockwise direction) when there are more than 2 people in a lane.
- Parents must be in the water with children using approved flotation devices.
- No cellphones in the pool.
- Mermaid Tails and Otteroos are not permitted anywhere in the Aquatics
  Contor.

### **KIDDIE POOL RULES**

- Children age 7 or under must be accompanied by an adult at all times.
- Personal aquatic toys are permitted.
- No climbing or hanging from any of the attractions.

# **LAZY RIVER RULES**

- Children under 48" must be in a life jacket or within arm's reach of a parent or guardian at all times.
- Use only the inner tubes provided by the Recreation Center.
- Only one person on a tube at a time.
- Do not tip another person off of their tube.
- No climbing on the walls of the lazy river.
- Enter and exit only at ladders.



## **WATER SLIDE RULES**

- Must be 48" tall to use the water slides.
- No chains or trains may be formed on the slide-single riders only.
- You must ride in a feet first position lying down or seated only.
- No stopping, standing, changing positions, or kneeling permitted.
- No life jackets or other flotation devices permitted on slides.
- Exit the splashdown area immediately after your turn using far steps.
- Slide users must follow directions from the Water Slide attendant.
- No goggles or masks permitted.
- Pregnant women and people with heart conditions or back trouble should not ride the slides.
- T-Shirts and swimwear with exposed zippers, buckles or rivets are not permitted.

## **SAUNA RULES**

All rules must be followed as posted in the Sauna Area.

#### **GYM RULES**

- Membership card/day pass is required to enter gymnasium.
- No gum, food or drinks permitted in the gym except water and sports drinks in closed containers.
- Appropriate attire is required: shirts, non-marking rubber soled shoes (athletic or court shoes) and shorts/ warm-up suits.
- No shoes with wheels or skates permitted in the gymnasium.
- Participants must be at least 8 years old or with an adult.
- Gym bags, coats, clothing, and other articles should be kept in the locker room at all times.
- Hanging, climbing, pulling on net, or rims is strictly prohibited.
- No half court shots.
- Enter/exit the gym through the main doors located at the southeast section of the gym.
- Rock Climbing Wall is available during scheduled times only.

## **FITNESS ROOM RULES**

- Consult with your doctor before beginning an exercise program.
- Membership cards /day pass required to gain access to Fitness Room and must be left with attendant.
- Patrons age 12 and older may use the Fitness Room. Patrons ages 12-14 must be accompanied by an adult at all times.
- Shirts and shoes must be worn at all times.
- Please do not wear jeans or jean shorts with rivets on upholstered equipment. Boots, sandals/flip-flops, and dress shoes are prohibited.
- 30 minute time limit on all cardiovascular equipment during peak hours.
- Use sign-up board for cardio equipment during peak hours.
- Weights must be racked after use.
- Do not drop weights on the floor.
- Please wipe off equipment with provided sanitizer when finished.
- Towels are not provided for personal use.
- <u>Do not attempt to change the TV channel.</u> Please ask for assistance to change TV.
- No food or drink permitted except for water or sport drinks in closed containers.
- Teenage patrons are required to be oriented with the fitness room by viewing the fitness room video on the first visit or by having an attendant provide an orientation regardless of past outside experience. Adults may request an orientation

# TRACK RULES

- Children between the ages of 8 and 14 must be under the direct supervision of a parent or guardian at all times.
- Children under the age of 8 are not permitted on the track.
- No standing or watching gym activities on the track-walkers and joggers only.
- Do not lean over or on the railing.
- Enter and exit the track cautiously, be aware of other members.
- Do not run or walk backwards.
- Runners and joggers should use the outside lanes and walkers use the inside lane. The middle lane can be used for both walking and jogging.
- The signs on the track sign will indicate which direction to run or walk.

