



### **Player/Parent/Coach Code of Conduct**

#### **PLAYERS:**

1. Exhibit sportsmanship on and off the field by showing self-control, respecting opponents, and accepting game outcomes graciously.
  2. Treat teammates, coaches, officials, and fans with respect. Profanity, insults, or abusive behavior will not be tolerated.
  3. Accept officials' decisions without arguing, making gestures, or using inappropriate language.
  4. Commit to skill development and practice as appropriate for your age and competitive level.
  5. Represent Alabama Rush Soccer positively at all times, both at home and away games.
  6. Understand the rules of the game and treat participation as a learning experience.
  7. Notify coaches or team managers promptly of absences from games, practices, or training.
  8. Violence, abuse, and the use of alcohol, illegal drugs, or tobacco are strictly prohibited.
  9. Maintain academic and personal performance sufficient to support your commitment to team activities.
  10. Attend practices, games, and tournaments on time with the necessary gear.
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#### **PARENTS:**

1. Model positive sportsmanship and remind others to do the same when emotions run high.
2. Support your child unconditionally, focusing on effort and enjoyment rather than performance or results.
3. Leave coaching to the coaches.
4. Prioritize skill development over winning and help your child practice at home.
5. Interact respectfully with opposing team parents and set a good example for players.
6. Foster a welcoming environment for all team families and avoid gossip or criticism.
7. Support officials and leave any concerns to the coach.
8. Volunteer for team activities, tournaments, and fundraisers to support the club.
9. Review schedules in advance and notify the coach promptly of any conflicts.
10. Encourage your child to enjoy the game, their teammates, and the competition.



**COACHES:**

1. Prioritize players' enjoyment and development over winning.
2. Provide constructive feedback and avoid negative ridicule or yelling.
3. Be reasonable in your demands on players' time and energy, recognizing sports are only part of their lives.
4. Operate within the rules and spirit of the game, and teach players to do the same.
5. Ensure all players have a positive experience and equal opportunities.
6. Avoid overplaying more skilled players; focus on team development.
7. Use safe and age-appropriate equipment.
8. Display professionalism and respect toward players, parents, officials, opponents, and spectators.
9. Prioritize player safety and follow medical advice regarding injuries.
10. Stay updated on coaching practices and child development principles.
11. Respect all participants regardless of gender, ability, cultural background, or religion.
12. Be punctual and prepared for practices, games, tournaments, and meetings.

By signing below, I acknowledge that I have read and understand the Code of Conduct. I agree to abide by these guidelines at all team and league activities.

I understand that failure to adhere to this Code of Conduct may result in disciplinary action by the club.

Player Signature \_\_\_\_\_

Date: \_\_\_\_\_