

A background image showing a group of people in a meeting. A man with a beard is on the left, looking towards the center. A man with glasses is in the center, smiling. A woman is on the right, looking towards the center. They are sitting around a table with papers and a laptop. The image is overlaid with a semi-transparent dark green filter.

Monthly Ministry Check-In Sheet

Caring for Our Team:
Monthly Volunteer & Leader
Check-In

www.CedarCreekMinistries.org

“This tool helps us serve from a place of joy, not burnout. Let’s care for the souls behind the service.”

SECTION 1: Personal Wellness Snapshot

(Check or short answer)

- ☐ I feel spiritually refreshed this month.
- ☐ I’ve had time to attend worship without serving.
- ☐ I’m balancing ministry and family well.
- ☐ I’ve had space to rest and recharge.

What’s one word that describes how you’re feeling lately?

Is there anything you’re carrying personally that we can pray about or support you in?

SECTION 2: Ministry Experience

- ☐ I enjoy the role I'm in.
- ☐ I feel valued and appreciated.
- ☐ I know who to go to when I need help or clarity.
- ☐ I feel like I'm making a difference.
- ☐ I've had opportunities to grow or be encouraged this month.

What's been the best part of serving lately?

What's been challenging or discouraging?

SECTION 3: Capacity & Boundaries

- ☐ My current role still feels manageable.
- ☐ I'd like to take a short break (for rest or family).
- ☐ I may be overcommitted and would love to talk.
- ☐ I'm open to trying something new.
- ☐ I'd like to train someone else in this role.

SECTION 4: Feedback & Prayer

Do you have any suggestions for how we could do ministry better together?

How can we pray for you this month?

SECTION 5: For Leader Eyes Only (optional)

Use this space after reviewing the form or meeting 1:1.

- ☐ My current role still feels manageable.
- ☐ Does this person need rest, support, rotation, or encouragement?
- ☐ Follow-up date or action:

