

WHAT ARE YOU TRYING TO PROVE?



CAMP SEASON IS ALMOST HERE!

We are just about to dive into the full camp swing. But before we do, we want to bring you up to speed about all things camp so you have all the resources at your fingertips for the summer!

Camp theme:

WHAT ARE YOU TRYING TO PROVE?

We're all trying to prove something: our spot on the team; being accepted by our peers; earning success and accolades; even love. We put time and energy into doing all we can to fit into these spaces, but it leaves us exhausted and unfulfilled.

But we don't have to keep striving to prove our worth; God has **PROVEN** everything for us through His Son Jesus Christ. You don't need to prove anything; Jesus has proven it all.

FROM PROVING MY WORTH TO PROVEN IN HIM.

Theme verse:

"This is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples."
John 15:8

Key Concepts



Connect

Key Scripture:
John 15:4-5

I'm connected to the God who loves me.



Cultivate

Key Scripture:
John 15:8-11

Prioritizing time with Jesus cultivates His fruit in my life.



Choose

Key Scripture:
John 15:16

As I choose to love like Jesus, His love is proven through me.



Commit

Key Scripture:
John 15:20b

When life gets hard, I will commit to Jesus to see me through.

CAMP THEME HYPE VIDEO!



NORTHLAND REGIONAL CAMPS

This summer FCA will be offering two regional camps: Northland FCA Sports Camp and Northland FCA LEADership Camp. Our East Metro team will be present and serving in both of these regional camps.

Sports Camp is designed for students grades 7-12 to come together for a week of fellowship, fun, and honing their skills in their specific sport as they learn what it means to shift from bringing ourselves glory to bringing God glory.

PROVEN
JOHN 15:8



NORTHLAND FCA SPORTS CAMP

**Tuesday, June 23rd -
Friday, June 26th, 2026**

**Bethel University
St. Paul, Minnesota
Grades 7-12 (Fall 2026)**

Choose One Sport:

- | | | | |
|-------------|-----------------|--------------|-----------------|
| BOYS | • Basketball | GIRLS | • Basketball |
| | • Baseball | | • Cross Country |
| | • Cross Country | | • Golf (+\$) |
| | • Football | | • Soccer |
| | • Golf (+\$) | | • Softball |
| | • Soccer | | • Tennis |
| | • Tennis | | • Volleyball |
| • Wrestling | | | |

Camp Fee: \$425 (on/before May 25)
\$450 (after May 25)

Deadline: Tuesday, June 9th
Pending Space- Some sports fill early

Scholarships Available:
See registration site for area-specific info!

REGISTER ONLINE @ NORTHLANDFCA.ORG/SPORTS-CAMP



QUESTIONS? KATIE VESELY | KVESELY@FCA.ORG
DIRECTOR: ANDREW DRAPER | ADRAPER@FCA.ORG

LEADership Camp is designed for student leaders in huddles all around MN to come together in one space to learn and grow so that they are equipped with confidence, skills and encouragement to serve others for the sake of the Gospel.



NORTHLAND LEADERSHIP CAMP

**Thursday, July 30 -
Sunday, August 2, 2026**

**University of Northwestern
St. Paul, MN
Grades 9-12 (Fall 2026)**
Graduated Seniors Welcome!

**At FCA LEADership Camp,
you'll be given tools to:**

- ENGAGE** in a growing relationship with Jesus
- EQUIP** yourself for servant leadership on campus
- EMPOWER** your FCA huddle with ministry tools
- ENJOY** competition and connection with others

Camp Fee: \$325 (on/before May 31)
\$375 (after May 31)

Deadline: Tuesday, July 14th

Scholarships Available:
See registration site for area specific info!

REGISTER ONLINE @ NORTHLANDFCA.ORG/LEAD-CAMP



**QUESTIONS? TANJA HANSEN | THANSEN@FCA.ORG
DIRECTOR: BRENT VOIGHT | BVOIGHT@FCA.ORG**

LOCAL EAST METRO CAMPS: MARK YOUR CALENDARS!



In addition to our two regional camps, we will be hosting four East Metro Sports camps in partnership with:

- Shepherd of the Valley Church in Afton
- Five Oaks Church in Woodbury
- East Emmanuel Church in St. Paul

- North Haven/Community of Grace Churches in North St. Paul

These camps are designed to provide outreach within these communities to see younger students transformed by the gospel message. We desire to build foundations of faith in partnership with these churches so that these younger students are engaged in the FCA way by the time they are old enough to attend a huddle and are active disciples in their spheres of influence!

**Below are the four local camps we will be offered this summer.
Please mark your calendars.
Registrations will be opening mid February to attend and volunteer!**

AFTON CAMP: Shepherd of the Valley Church

June 15-18

9:00-12:00

Grades 4 – 8 (2025/2026 school year)

Registration Coming Soon!

WOODBURY CAMP: Five Oaks Church

July 6-9

1:00-4:00

Grades 4 - 6 (2025/2026 school year)

Registration Coming Soon!

EAST EMMANUEL CAMP: East Emmanuel Church

TBD

This camp is designed as an outreach opportunity to serve the East Emmanuel community specifically.

Be looking out for the volunteer signup to help!

NORTH ST. PAUL CAMP: North Haven Church (in partnership with CGLC)

July 20-23

TBD

Grades TBD (2025-2026 school year)

Registration Coming Soon!

WHY CAMP?



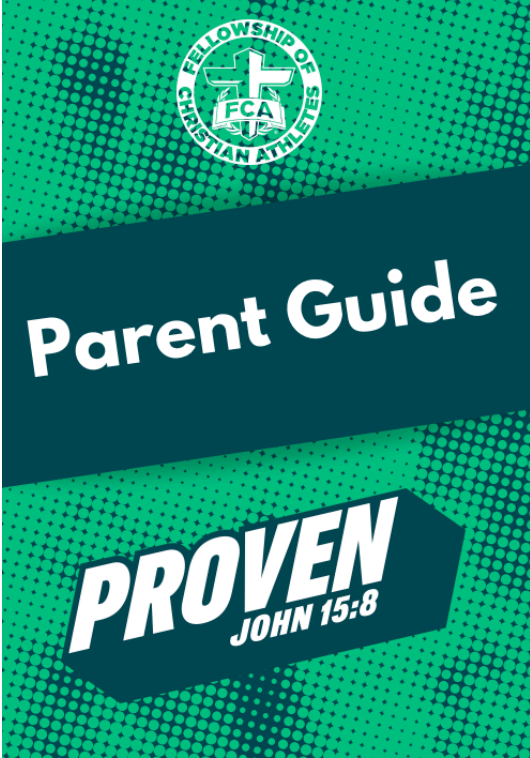
How Camps Are Sparking Spiritual Growth

This episode is the WHY behind FCA camps. You'll hear our previous East Metro Area Director, Brent, who started these camps, share personal stories of lives changed, the importance of our church partnerships, and hopefully discover a passion for this ministry for yourself!

[Listen on Spotify](#)

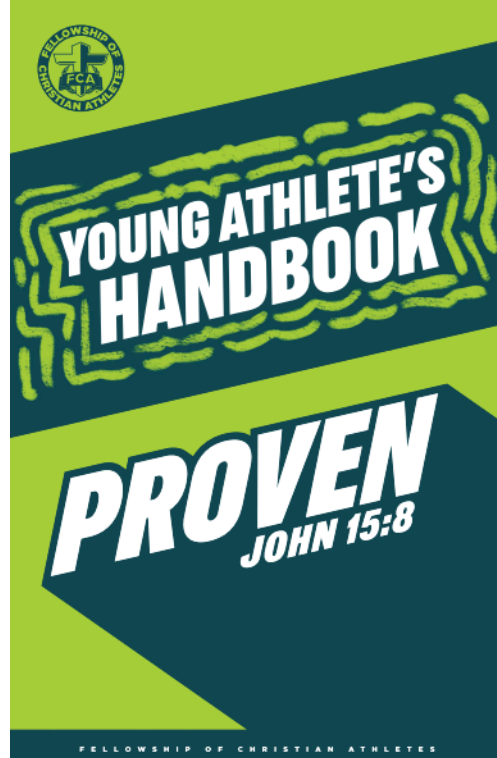
[Listen on Apple Music](#)

RESOURCES



Check It Out

The Parent Guide is a brand new addition to this ministry year. It is designed to better equip, engage, and empower parents with not only the ministry theme but also how FCA specifically teaches students how they can learn from the Bible individually and in groups. It is a companion tool for you!



Check It Out

This handbook is designed for younger students to walk through the four concepts of the Proven ministry theme. It provides the same structure that is used within school huddles. The intent is that students become familiar with the "Discovery Bible Study" model and learn helpful tools in which they can walk through the Bible both individually and in group settings.

SUPPORT THE TEAM!



Currently, the East Metro has 17 huddles in individual schools throughout our area. (Along with a brand new middle school huddle just starting up!) We're currently helping to host four local sports camps, which includes a brand new partnership with North Haven Church in St. Paul. We also help to serve and send

our east metro students to our Northland Regional camps. Your financial support and prayers help all of this ministry to happen! Thank you for joining us in this mission!

[Donate To The East Metro Team](#)

**CURRENT TEAM
FUNDING NEED**

\$8,100



**Donate online at my.fca.org
and search "East Metro"**

[Questions? Email Anna!](#)

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