

Men's Bible Study Preparation Guide

Iron Sharpens Iron – Preparing Ourselves to Follow Christ Together

Purpose of This Study

The goal of this study is not simply to gain knowledge, but to become men who follow Christ more faithfully in our homes, workplaces, church, and community.

Many men want to become better husbands, fathers, leaders, and better men. Scripture teaches that the best way to become those things is not to aim directly at them, but to aim at becoming more like Jesus.

Matthew 6:33 – “But seek first the kingdom of God and his righteousness, and all these things will be added to you.”

Part 1 – Seeking the Right Goal

Scripture Reading: Matthew 6:25–34

Reflection: Jesus redirects our focus away from chasing outcomes and toward pursuing God.

1. What are some things men commonly chase in life (success, respect, security, control, etc.)?
2. Which of those do you personally tend to focus on the most?
3. Why do you think Jesus tells us to seek God's kingdom first instead of pursuing those other things directly?

Part 2 – Iron Sharpens Iron

Scripture Reading: Proverbs 27:17

“Iron sharpens iron, and one man sharpens another.”

Reflection: Tools must be sharpened to perform their purpose. In the same way, men grow through intentional relationships with other men pursuing Christ.

4. What does the phrase 'iron sharpens iron' mean to you?
5. Why is spiritual growth difficult to achieve alone?
6. What are some ways men can sharpen one another?
7. When have you experienced someone strengthening your faith or character?
8. What fears or barriers keep men from allowing others to challenge them?

Part 3 – Encouraging One Another

Scripture Reading: Hebrews 10:24–25

Reflection: Christian fellowship is meant to be participatory. We are called to encourage and strengthen one another.

9. What does it look like to 'stir up one another to love and good works'?

10. Why do some people avoid deeper Christian fellowship?
11. How does sharing struggles help believers grow?
12. What benefits come from being honest about challenges or failures?
13. How could your experiences with God help someone else?

Part 4 – Bearing One Another’s Burdens

Scripture Reading: Galatians 6:1–2 and 1 Peter 5:5

Reflection: True brotherhood requires humility and grace. Scripture calls us to restore one another gently and carry each other’s burdens.

14. Why is humility essential for spiritual growth?
15. What makes it difficult for men to admit struggles or weaknesses?
16. What would a healthy, grace-filled group of men look like?
17. How should we respond when someone confesses a struggle or sin?
18. Why is gentleness important when helping another believer?

Part 5 – Living What We Learn

Scripture Reading: James 1:22–25

Reflection: Bible study is meant to lead to transformation. Spiritual growth requires hearing the Word, reflecting on it, and putting it into practice.

19. Why is it easy to hear Scripture without applying it?
20. What are examples of ways men deceive themselves spiritually?
21. How can other men help us live out what we learn from Scripture?
22. What area of your life might God be calling you to greater obedience in?
23. How could this group help you grow in that area?

Part 6 – Preparing for Brotherhood

Scripture Reading: Ecclesiastes 4:9–12

Reflection: God designed men to walk together in shared purpose and accountability.

24. What does this passage teach about strength found in relationships?
25. Why do many men try to face struggles alone?
26. What are benefits of having other men walking beside you spiritually?
27. What qualities make a group safe enough for honest conversation?
28. How could you personally contribute to strengthening the group?

Final Personal Reflection

29. What stood out to you most from this study?
30. What is one area where you want to grow spiritually?
31. What do you hope to gain from being part of this men’s study?
32. What are you willing to contribute to help sharpen other men?