



2026-2027 HALF YEAR ALL STAR CHEER

OUR COMMITMENT TO EXCELLENCE

Premier Athletics began in 1997 with its first competitive cheerleading team and has since grown into a one-of-a-kind program. Today, Premier Athletics operates eight locations across the United States and has built a legacy of excellence in cheerleading and dance.

Collectively, Premier Athletics programs have earned thousands of National Titles and hundreds of appearances at the Cheerleading and Dance Worlds, including numerous Top 10 finishes and Bronze, Silver, and Gold medal placements. In addition, more than 500 Premier athletes have gone on to continue their cheerleading and dance careers at universities across the country.

At Premier Athletics, we believe in providing the highest quality training. Our coaches and staff attend numerous seminars and professional development sessions throughout the year to ensure they are delivering the best instruction, choreography, and care to every athlete.



Who's Who at Premier?

Jay Noffsinger
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The safety and success of each, and every athlete is of the utmost importance to the Premier Athletics staff. Team Selection is a process of evaluations so we can put together the most competitive teams possible. We ultimately build strong and confident athletes and provide a safe environment for them to train. Our main priority is to ensure that our athletes have a good experience and learn lessons in team-work, confidence and overcoming life's obstacles.

Every athlete that attends evaluations will be placed on a Half-Year All Star team. No experience is necessary to become a member of the Half-Year All Star program. We offer teams for all ages and all levels. Every athlete will go through an evaluation process where they will demonstrate their abilities in stunts, jumps, tumbling and more. We pride ourselves on creating a non stressful evaluation process. Again, this is not a TRYOUT- it is a team placement process where every athlete will be placed on a team.



TEAM SELECTION AND TEAM PLACEMENTS

Ages 10-15:

September 29th / 5:30-7:00 PM

Ages 5-9:

October 1 / 5:30-7:00 PM

Athletes should wear a black shirt, black shorts & a white bow.

TEAM ANNOUNCEMENTS

Team Announcements will be posted on Instagram on October 3rd. Follow [premierathleticsnashville](https://www.instagram.com/premierathleticsnashville) for the latest news, events, and all things Premier Athletics Nashville!

BE SELF-CONFIDENT • DO YOUR BEST • HAVE FUN

PRACTICE

All practices are MANDATORY.

Practices will be held twice a week beginning the week of October 5th.

TUMBLE CLASSES

are offered at 50% off to All Star athletes. All Stars are encouraged to take an additional hour of tumbling per week to improve tumbling skills.

CHOREOGRAPHY

is the process in which teams learn their competition routine. Choreography is required for all athletes to attend.

Choreography will be held on October 24.



HYPE PRACTICE APPAREL





HYPE COMPETITION APPAREL



NEW!
Competition Uniform & Bow
(Mandatory)



UNIFORM FITTINGS WILL BE HELD ON OCTOBER 6th & 8th.
A link will be sent via email to register for a specific time slot.



HYPE APPAREL



Microcrystal Backpack

(Optional Item)

Available in Pro Shop



Varsity Cheer Shoes

(White Cheer Shoes Required)

Available in Pro Shop

MEET THE HALF YEAR ALL STAR COACHING TEAM



COLIN SCOTT



ALLISON SIDRYS



MAKENZIE BUFF



OLIVIA BARKER



LAILA FISHER



PROGRAM FEES

WHAT'S INCLUDED

Premier Athletics runs an all-inclusive payment program. The following is included in your all star expense fees:

All Competition Registrations, Practice Wear, Practice Bow, Routine Choreography, Dance Choreography, Music, Banquet, & Coaches Fees!



ADDITIONAL FEES

- Athlete Uniform- \$250 (Mandatory)
- USASF Athlete Registration- \$50 paid to USASF
- Premier Athletics Backpack- \$160 (Optional)
- White Cheer Shoes- \$140 (Available in Pro Shop)
- Annual Registration Fee- \$50 (Annual gym fee based on athlete's start date)
- Tryout Fee- \$50 (Due upon registration)
- Competition Bow- \$50 (Mandatory- due Oct 22nd)



HOW TO PAY

If you are BRAND NEW to the gym, please create an account in the parent portal at www.premierathleticsfranklin.com.

Once you receive your password, you will be able to login to add payment information & accept necessary policies.

AUTO DRAFT IS REQUIRED FOR TEAM ATHLETES.





2026-2027

FINANCIAL BREAKDOWN

	<i>MINI - JUNIOR TEAMS</i>
TRYOUT FEE	\$50 Due at Registration
COMMITMENT FEE	\$125 Due October 20 th
EXPENSE FEES	\$165 October 8 th – March 1 st
TUITION	\$115 October 8 th – April 1 st
UNIFORM	\$250 Due October 22 nd

MULTI ATHLETE DISCOUNT: Families with more than one child enrolled in the All Star program will receive a 20% discount off the tuition of each additional athlete.

PAYMENTS: A card is required to be on file for all team athletes. Invoices are sent by the 25th of the month. Payments are due by the 1st of the month. If an account is past due, a \$20 late fee will be applied to the account, and the athlete will be asked to sit out of practice. If you need to communicate regarding your account, please email our office at amccloud@premierathleticsfranklin.com



COMPETITIONS

Schedule is subject to change.

WAVE CHAMPIONSHIPS

**Williamson County Ag Center
January 10, 2027**

ROAD TO NATIONALS

**Centennial High School
January 23, 2027**

CHEER EXPO NATIONALS

**Gaylord Opryland Hotel
March 6-7, 2027**

COUNTRY CLASSIC

**Clarksville, TN
April 17, 2027**

WHAT TO EXPECT AT COMPETITIONS

All competitions are mandatory. Prior to each competition, athletes will be given the following set of team-specific times for each event:

- Arrival time- when you must be present in the competition venue
- Meet time- when your team is required to meet with a coach and congregate at a specific place
- Warm up time - is determined by the competition company and assigned to each team. *If an athlete is late to a competition, and not present for warm-ups, the coach reserves the right to not allow the athlete to compete.*
- Event schedules are released by competition companies the week of competitions
- Performance time- the time when the team is scheduled to perform
- Awards time- the time of the awards ceremony that your team has been scheduled to receive its award



Gym Facility Guidelines

- For the safety and fairness of all participants, only coaches and athletes are allowed on the gym floor.
- Parents, friends, grandparents, etc. are not permitted to gather on the gym floors at any time.
 - If you need something, please make our front desk personnel aware and they will alert a coach.
- Please help us in this effort to provide the best service to our/your athletes.
- Participants are not permitted to compete, fill in for, or participate with any other all star cheerleading or dance team while currently enrolled in a Premier Athletics program. For more information go to www.usasf.net.
- We are honored to work with your children, and we do not take that task lightly. Please also understand that participation in the program is a choice and a privilege. Any parent or athlete who displays negative behavior or is counter-productive to the overall success of the program can be dismissed from the program at anytime without warning.
 - This includes all Social Media platforms.

Information & Social Media Outlets

Information and updates can be found on our website www.premierathleticsnashville.com

- EMAIL
 - It is the **main** way we communicate! ☺ It is your responsibility to make sure that we have your **current email address** so that you can receive all pertinent information.
 - We will do our best to always answer your emails within 48 hours.
 - Please use email, **not social media/text**, to contact the gym, coaches, etc.
 - We will also be using the BAND APP & GROUPE as a method of Team and Program information. You will be required to have these apps and will be added to the group upon joining a team.
- SOCIAL MEDIA
 - Premier Athletics Nashville
 - Instagram- [premierathleticsnashville](https://www.instagram.com/premierathleticsnashville)
 - Facebook- www.facebook.com/premierathleticsnashville
 - Premier Athletics
 - Instagram - [premierathletics1](https://www.instagram.com/premierathletics1)
 - Facebook- www.facebook.com/premierathletics



Additional Training Options

Tumbling Class Option:

- All stars are encouraged to take an extra hour of tumbling per week to improve their tumbling skills. To facilitate everyone's tumbling needs, we offer regularly scheduled tumbling classes at 50% off the regular rate. You must register for tumbling classes on a monthly basis.
- **Please note that if you have an outstanding balance on your account, your athlete will not be allowed to take classes until the account is current. This also includes siblings that are not all stars that take classes.**

Dress Code

Practice Dress Code

- Athletes must wear the correct practice clothes and bow. Cheer shoes must be worn at every practice.
- Hair should be pulled up and out of the face.
- **NO Jewelry** of any kind is allowed to be worn during practice. Neither Premier Athletics, nor a Premier Athletics employee, is responsible for jewelry if it is worn into the gym, removed for practice, lost or stolen, or causes injury.
- New piercings are strongly discouraged during the season.

Competition Dress Code

- Athletes should be in full uniform at competitions.
- Hair and makeup should be complete before entering the arena.
- Proper shoes are to be worn the entire time. No UGGS, boots, flip flops, slippers, pajama pants, etc. are allowed at be worn at any time during an event.
- Jewelry is not permitted to be worn at competitions.
- Boys' hair should be cut nicely, and faces should be clean shaven or well groomed.

Premier Athletics Merchandise

- **To protect the integrity of our brand, no parent or athlete is permitted to use the Premier Athletics logo or team logos.** If you have apparel ideas, please submit to your gym owner.

Parent Obligations

- Parents are responsible for their athlete's activities and behavior at all times.
- Parents must understand that competitions are a time for the athletes to focus and should be fully committed to the team and Premier Athletics through the entirety of the event.
- If a parent/guardian cannot attend an event, you will arrange for another Premier Athletics parent, or responsible adult, to travel with your athlete to and from the event.
- In the event of inclement weather, we will remain in contact with the event company and get information to you as soon as possible. If the event is still being held, we plan to attend the event.



Attendance

Practices

Practice attendance is mandatory and compliance with the attendance policy below will be strictly enforced. An athlete's team position will be jeopardized for noncompliance with all the following terms of the attendance policy.

- Athletes are expected to be at every practice.
- If an athlete is absent from practice, whether excused or unexcused, he or she is responsible for learning ALL routine changes made in their absence **before** the next practice.
- Practices may be changed or added at any time during the year. Parents must check the GroupMe, Band App and emails to stay on top of the practice schedule for updates.
- The viewing area is open for practice/class observation every day; however, if a problem arises, the Premier Athletics staff reserves the right to close viewing at anytime.

Unexcused Absences

- Athletes are allowed **TWO (2)** unexcused absences during competition season. After the second unexcused absence occurs, a parent meeting will be scheduled, or the parent will be notified via email of the absences. If additional absences occur, disciplinary action may be taken for noncompliance, including but not limited to, removal from the team, being put on probationary status, placed as an alternate, or removed from various elements of choreography and skills.
- Examples of unexcused absences: concerts, studying, birthday parties, flight delays, dances, etc.
- The gym follows Williamson County School's calendar. Breaks outside of this schedule will be considered unexcused.
- **Unexcused absences are NEVER allowed the week leading into a competition weekend or performance. Noncompliance may result in the athlete being moved to an alternate position or removed from an upcoming competition.**
- Missing a competition will result in immediate dismissal from the program.
- Extra practices will be scheduled during the year. The absentee policy does apply to these extra practices.

Injury: In the event an athlete is injured, you should notify your All Star Supervisor and Head Coach of the team and let them know of the happening of such injury immediately. We will re-choreograph routines based on the athlete's injury and length of recovery. Once the individual has fully recovered, he or she may or may NOT be choreographed back into the same spots in the routine. The determination of when he or she will be placed back into the routine is up to the coaches & All Star Supervisor based on the team and competition schedule. Every situation may vary.

All Star Quitting Policy

- If an athlete chooses to withdraw from the All Star program after October 23rd, a \$250 buy out fee will apply. This fee is in place to protect the integrity of the team and the commitment made to the program.
- **No refunds will be given on fees already paid.**

