

SEPTEMBER | 2025

The Fish & Loaves Cafe



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Labor Day No School	2 Sweet Sesame Chicken Stir Fry Asian Rice Fruit Cup Broccoli Rice Crispy Treat Milk or Juice PBJ alternative	3 Taco Salad Cowboy Corn Salad Bananas & Grapes Tortilla Scoops Milk or Juice PBJ alternative	4 Pulled Pork Sandwich Sweet Potato Puffs Veggie Cup Fruit Cup Milk or Juice PBJ Alternative	5 Pepperoni or Cheese Pizza Salad Bar Fruit Chocolate Muffin Milk or Juice PBJ Alternative
8 Chicken Nuggets Broccoli Potato Rounds Peaches Milk or Juice PBJ Alternative	9 Walking Taco Cowboy Corn Salsa/Sour Cream Fritos Apple Slices Milk or Juice PBJ alternative	10 Chicken Alfredo @ aTwist Green Beans Whole Grain Roll Applesauce Milk or Juice PBJ alternative	11 Grilled Cheese Sandwich Waffle Fries Fresh Grapes Carrots Milk or Juice PBJ alternative	12 Cheese or Pepperoni Pizza Salad Bar Fruit Milk or Juice PBJ Alternative
15 Mac n Cheese Peas Broccoli Applesauce Coco Bar Milk or Juice PBJ Alternative	16 Hamburger/cheeseburger French Fries Baked Beans Mixed Veggies Milk or Juice PBJ alternative	17 Mini Corn Dogs or Hot Dog Baked Beans Macaroni Salad Fruit Cup Milk or Juice PBJ Alternative	18 Cheese Quesadilla Mexican Rice Fruit Cup Corn Milk or Juice PBJ Alternative	19 Cheese or Pepperoni Pizza Salad Bar Coco Bar Milk or Juice PBJ Alternative
22 Cheese Bread Sticks Marinara Sauce Spinach Strawberry Salad Fruit Cup Milk or Juice PBJ Alternative	23 Chicken Strips Mashed Potatoes Green Beans Gravy Fruit Cup Milk or Juice PBJ alternative	24 Mini Meatball Sub Side of Pasta Broccoli Pears in Jello Milk or Juice PBJ Alternative	25 Chicken Pot Pie Fruit Cup Chocolate Muffin Milk or Juice PBJ Alternative	26 Cheese or Pepperoni Pizza Salad Bar Fruit Milk or Juice PBJ Alternative
29 Cheese Ravioli Green Beans Apple Sauce Whole Gr Roll Milk or Juice PBJ Alternative	30 Chicken Patty on a Bun Potato Rounds Carrots & Ranch Fruit Cup Milk or Juice PBJ alternative	1	2	3

News

Hope the new school year is going well for all!

On days your student does not want the main entree a PBJ is available. While the entree does not

change the vegetable or fruit may, for that day.

We offer several alternatives on fruits and veggies daily. We encourage students to take those to make a well balanced lunch. Questions/

concerns..
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