



BOYS & GIRLS CLUBS
OF THE RED RIVER VALLEY

Boys & Girls Clubs of the Red River Valley - Monthly Newsletter

September 2026

YOUTH OF THE MONTH

Youth of the Month is a Club-driven experience that aims to recognize and honor Club members who exemplify strong character and leadership. To achieve this recognition, the Club member will have consistently demonstrated growth and/or skill in the following areas: Character, Leadership, Responsibility, and Group Participation. The Youth of the Month program resumed in September, so be sure to look for winners in next month's newsletter.

PROGRAM HIGHLIGHT –Group Agreements:

At the start of each school year, Group Agreements are made with the Club members at each site. Group Agreements are a shared vision that a group creates in order to build an emotionally supportive environment. It is a tool that can bridge the gap between how Club members are feeling and how they want to feel. It's important for youth who work together within a program area to complete the Group Agreements as a way to build a safe, positive emotional climate and bolster group connection within the program.

OUR SUMMER CLUBS IN ACTION

Clubs provide youth with experiences that build essential social-emotional and subject-specific skills in each of BGCA's four priority outcome areas. This summer, our Clubs had the following experiences:

- Health & Wellbeing: 37,889 experiences with Emote Control; Healthy Habits; Huddle Time;
- Sports, Rec & Fitness
- Character & Leadership: 1,041 experiences with Leadership & Service
- Academic Success: 36,892 experiences with High Yield; Power Hour
- Life & Workforce Readiness: 2,618 with STEAM

BGCRRV Staff Trainings:

North Dakota State Licensing requires all childcare workers to complete annual training hours based on the number of hours worked each week. BGCRRV provides our employees with multiple training opportunities each month covering a variety of topics such as trauma-informed care, youth development best practices and building positive relationships. In 2026, 19 courses have been or will be offered to employees, along with six First Aid/CPR courses.

NEWS & UPCOMING EVENTS

We invite you to join us for a Create & Connect family engagement event! On October 14th, we will host an open-house-style Family Engagement event at our Clara Barton Elementary Club from 4:00–6:00 p.m. Our family engagement events offer families the opportunity to participate in hands-on activities with their kids, learn more about our academic supports, and connect with Club staff. Our October event will be mini art canvases for families to enjoy together. Please plan to stop by and join us—we look forward to connecting with you!

The Boys & Girls Clubs of the Red River Valley is hiring!

We're looking for positive, caring role models to work with elementary-aged youth in our summer Club program.

If you're passionate about making a difference and helping create a safe, fun environment where kids can learn and grow, we'd love to have you on our team.

Apply now at www.bgcrrv.org/online-application.

HOW CAN WE HELP YOUR STUDENTS SUCCEED

Each day at BGC, students participate in Power Hour (reading, homework help, educational games). If you have specific ideas of what students could use extra practice on, please reach out. We can individualize targeted practices by student, grade, subject, etc.

Unit Director: John Plambeck – 701.356.0262 or johnp@bgcrrv.org

Director of Operations: Melissa Sweeney – 701.235.2147 or melissasweeney@bgcrrv.org