



BOYS & GIRLS CLUBS
OF THE RED RIVER VALLEY

Boys & Girls Clubs of the Red River Valley - Monthly Newsletter **May 2026**

YOUTH OF THE MONTH – APRIL

Youth of the Month is a Club-driven experience that aims to recognize and honor Club members who exemplify strong character and leadership. To achieve this recognition, the Club member will have consistently demonstrated growth and/or skill in the following areas: Character, Leadership, Responsibility, and Group Participation.

Our Eagles Youth of the Month for April were:

Group 1: Henry S

Group 2: Finn K

Group 3: Hadley Q

PROGRAM HIGHLIGHT – SPORTS/RECREATION & FITNESS:

Sports, Recreation & Fitness is designed to keep Club youth active and engaged through three key components: a warm-up, a structured gym game or physical activity, and a cooldown. This designated time allows youth to move their bodies, release energy, and have fun in a safe, organized environment. Activities such as tag, scrimmages, and relay races promote healthy use of large-muscle movement while also building important life skills, including sportsmanship, teamwork, and communication.

OUR EAGLES CLUB IN ACTION

Clubs provide youth with experiences that build essential social-emotional and subject-specific skills in each of BGCA's four priority outcome areas. In April, our Eagles Club had the following experiences:

- Health & Wellbeing: 2254 experiences with Emote Control; Healthy Habits; Huddle Time; Sports, Rec & Fitness
- Character & Leadership: 43 experiences with Leadership & Service
- Academic Success: 1329 experiences with High Yield; Power Hour
- Life & Workforce Readiness: 103 with STEAM

Staff Trainings-

North Dakota State Licensing requires all childcare workers to complete annual training hours based on the number of hours worked each week. BGCRRV provides our employees with multiple training opportunities each month covering a variety of topics such as trauma-informed care, youth development best practices and building positive relationships. In 2025, 14 courses were offered to employees, along with six First Aid/CPR courses.

The Big Help-

In celebration of Earth Day, youth take action to make a positive impact by cleaning up litter around our schools and youth centers. This activity provides enriching experiences that help youth develop essential social-emotional skills while fostering leadership and the ability to create meaningful change through service-learning.

NEWS & UPCOMING EVENTS

The Boys & Girls Clubs of the Red River Valley is hiring!

We're looking for positive, caring role models to work with elementary-aged youth in our summer Club program.

If you're passionate about making a difference and helping create a safe, fun environment where kids can learn and grow, we'd love to have you on our team.

Apply now at www.bgcrrv.org/online-application.

HOW CAN WE HELP YOUR STUDENTS SUCCEED

Each day at BGC, students participate in Power Hour (reading, homework help, educational games). If you have specific ideas of what students could use extra practice on, please reach out. We can individualize targeted practices by student, grade, subject, etc.

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